Public Health Council
of the Upper Valley



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PHC Partner Meeting

September 18, 2026

Agenda

- **Work Session:** Increasing Access to Community-Based Care
- CHIP Strategy Review & Update
- Open Discussion

Who We Are

Mission

To improve the health of Upper Valley residents through shared public health initiatives and services within a network of community stakeholders.

Vision

Working together, our Upper Valley community will be healthy, safe, supportive, and vital.

Guiding Principles



Strengthen
the regional public health system



Collaborate
with committed community partners



Build
on experience and existing strengths



Reduce
community health disparities



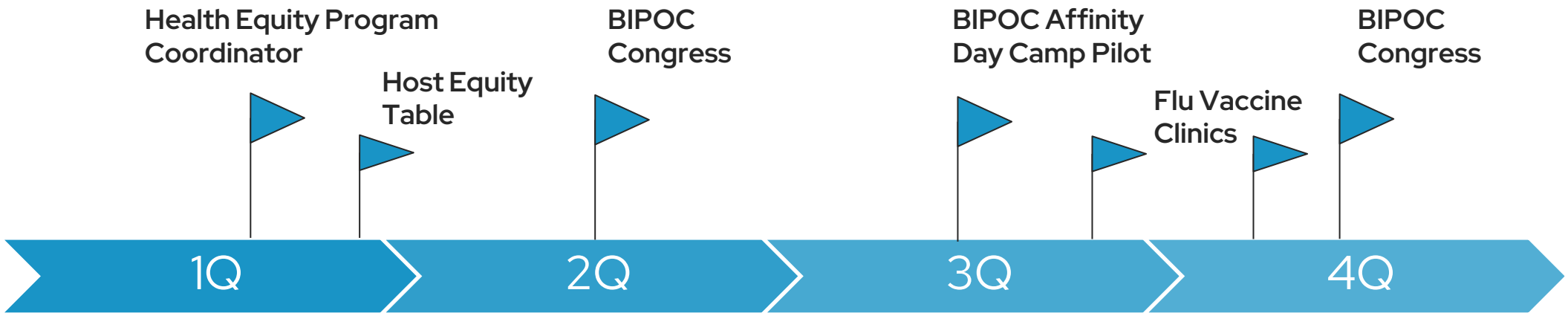
Promote
diversity and inclusion



Respond
to emerging public health needs

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2 Advance Health Equity



Hired **Health Equity Program Coordinator with support o** UVEAR Leadership Team.

Co-host a **UV Equity Table** for Nonprofit Leaders. Results will be used to design additional nonprofit support.

In partnership with UVEAR, PHC co-hosts events to **build community and leadership** capacity within our BIPOC community

Host annual community **flu vaccine clinics** in rural communities.

Begin assessing ways to increase access to **community-based care**.

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UVEAR

Increase Access to Community-Based Care

The most transformative initiatives deliver services directly into communities—through home-visiting nurses, mobile clinics, workplace recovery mentorship, shelter-based health care, pop-up dental services, and culturally responsive programs—building access and trust at the grassroots level.

While community health workers, nursing programs, meal delivery, and grassroots efforts remain vital in rural areas, rising needs and shrinking capacity threaten progress.

Source: 2026 – 2028 CHIP

Increase Access to Community-Based Care

- Support community-based care models that deliver services outside traditional settings to reduce rural barriers and build trust.
- Scale and replicate successful initiatives, develop new models, and leverage additional community access points.
- Foster collaboration among municipalities, hospitals, community organizations, and trusted local hubs.
- Deepen public health-municipal partnerships to replicate effective models in underserved areas.

Increase Access to Community-Based Care

- **Next Step:** Inventory what is working well and where gaps exist:
  - current models
  - geographies
  - populations
  - scope and capacity to explore
  - what additional programs or expansions are feasible and culturally competent
- **Then:** Identify opportunities to strengthen or expand
  - Prioritize by Feasibility
  - Advocate with Partners & Stakeholders
  - Create and Implement Plans

Increase Access to Community-Based Care

- **Work Session Question #1**
  - Help us frame what we are trying to achieve:
    - Independently: Use Worksheet (or on IdeaBoardz) to respond to three prompts.
    - Together: Share your thoughts with the group and make edits to your own notes as your thoughts change or expand.

- **Some services that come to mind…**
  - Community Nurses
  - Playgroups
  - Senior Centers
  - Pop-Up Clinics (incl. Dental)
  - Emergency Shelters
  - Pharmacies
  - Healthy Food
  - Recreation
  - Transportation
  - Farmers Markets
  - Social Gathering Spaces

Increase Access to Community-Based Care

Work Session Question #2

- What services & resources do we include in mapping?
  - Where has this work already been done?
  - Where is the data?

What would you add?

Services that come to mind…

- Community Nurses
- Playgroups
- Senior Centers
- Pop-Up Clinics (incl. Dental)
- Emergency Shelters
- Pharmacies
- Healthy Food
- Recreation
- Transportation
- Farmers Markets
- Social Gathering Spaces

CHIP Strategy Review & Updates

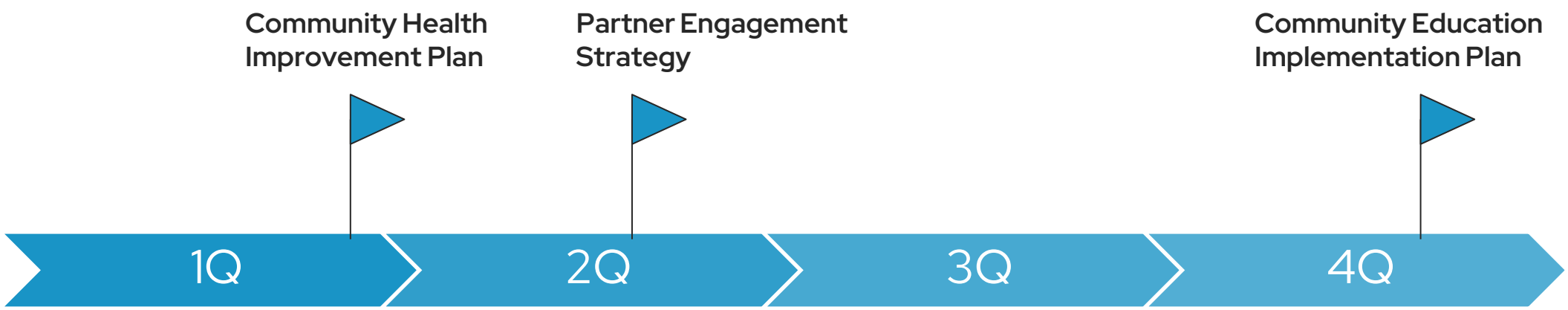
Strategic Priorities

2026 - 2028

1. Expand Community Education and Engagement
2. Advance Health Equity
3. Strengthen Local Governance and Municipal Capacity
4. Advance Innovation and Integration
5. Strengthen Organizational Infrastructure

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1 Expand Community Education and Engagement



Community Health Improvement Plan, developed by PHC and Advisory Council, establishes shared regional priorities.

PHC engages partners to establish **Shared Vision** for community education goals.

Support from Community Education Leadership Team (PHC Partner volunteers).

PHC partner input through discussion and/or surveys.

Community Education Implementation Plan describes strategies, resource needs and funding plan.

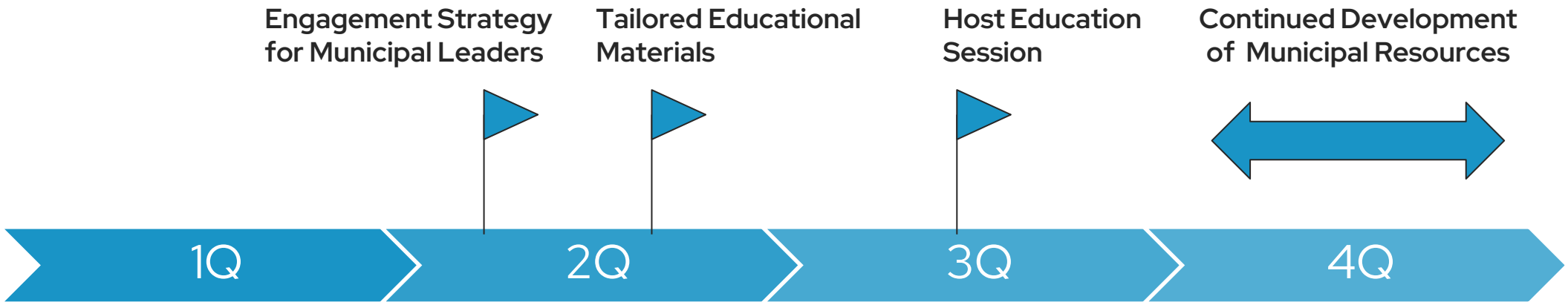
PHC will generate plan for Advisory Council approval. Available to partners by end of year.

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Expand Community Education & Engagement

- Emerging Plans
  - Orientation to the Upper Valley Public Health Landscape
    - Include health & social services, how system works, regular, for new staff plus all
  - Communities of Practice
    - Topic or skill specific , time limited, teach each other (e.g., how address desire for shared calendar, build skills/capacity/system for crisis communications)
  - Trainings (e.g., series on using AI for communications)
  - [with resources] Capacity to monitor and translate federal and state communications for local audiences

3 Strengthen Local Governance and Municipal Capacity



PHC develops **engagement strategy** for Municipal Leaders.

Support from Geisel MPH student intern..

PHC develops **educational materials** tailored to Municipal Leaders.

Host first regular **education session** for Municipal Public Health Officials..

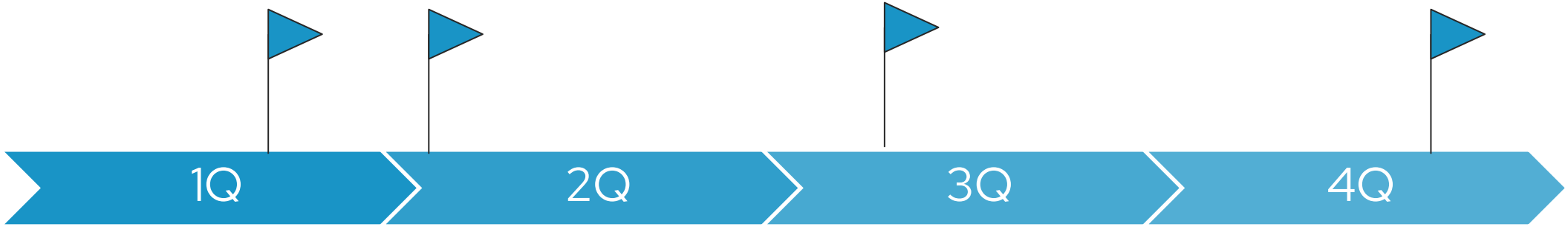
Begin **presentations to Municipal Leaders** on value and functions of public health.

Continue Municipal presentations.

Ongoing development of municipal resource and program support needs.

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4 Advance Innovation and Integration



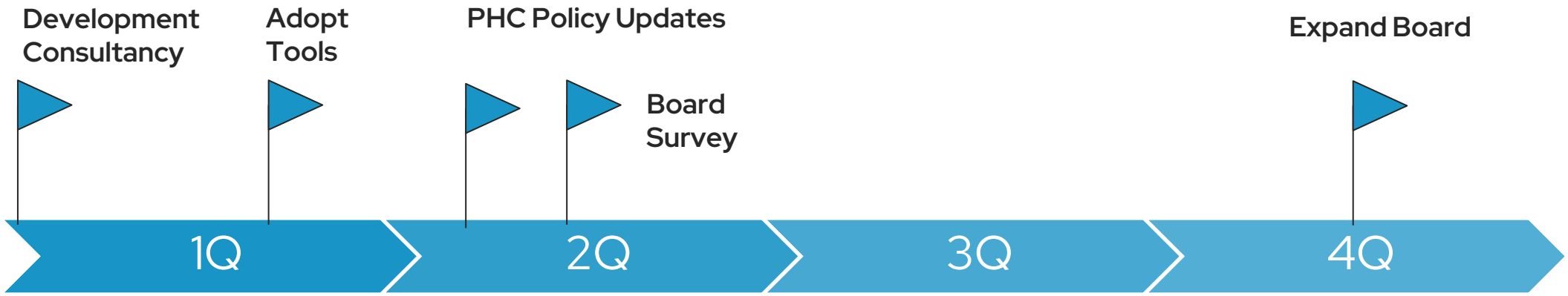
Integrate GUVIST into PHC CHIP implementation.

PHC **Staff, strategy-specific Leadership Team members, and Geisel MPH students** begin work to define and plan CHIP initiatives.

Develop **PHC Fiscal Sponsorship Brochure** to articulate support for grassroots program development.

Review PHC CHIP initiatives and update Year 2 work plans.

5 Strengthen Organizational Infrastructure



PHC engages Development Consultant to support fundraising and grant writing.

PHC adopts Little Green Light to modernize fundraising and communications.

Initiate policy and plan updates: **Compensation Plan** Development, **Personnel Policy** Update, **AI Use Policy**.

Survey Board Members to **leverage skills and interests for Board development and recruitment.**

Support from Tuck Board Fellow.

Expand Board of Directors to acquire additional skills to achieve **PHC Strategic Vision**.

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Questions?

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