



MISSION

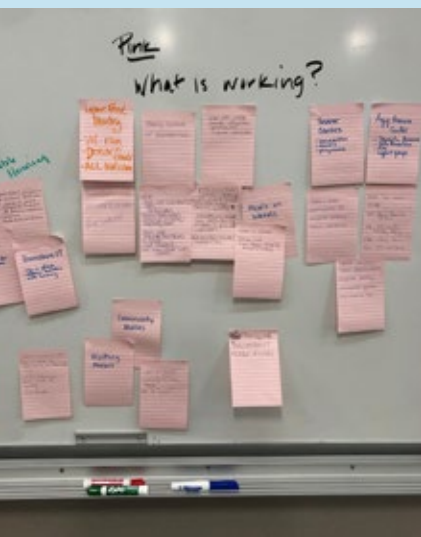
To improve the health of Upper Valley residents through shared public health initiatives and services within a network of community stakeholders.

**Collaboration.
Education.
Advocacy.**



VISION

Working together, our Upper Valley community will be healthy, safe, supportive, and vital.



Advancing Resilience and Equity Together in the Upper Valley

FROM THE BOARD PRESIDENT & EXECUTIVE DIRECTOR

In 2025, the Public Health Council of the Upper Valley took bold steps forward, guided by the voices of our partners and the needs of our communities. We launched a comprehensive strategic planning process that crystallized five clear priorities for the years ahead: expanding community education and engagement, advancing health equity, strengthening local governance and municipal capacity, nurturing innovation through our Public Health Program Incubator, and building the organizational infrastructure essential for lasting impact.

This year we deepened our role as the region's trusted convener and bridge between Vermont and New Hampshire. Despite a challenging national landscape marked by uncertainty and the dismantling of key public health infrastructure, we remained steadfast. We expanded our support for emerging initiatives, invested in leadership development within historically marginalized communities, and continued providing our annual flu vaccine clinics in rural communities. Every program, clinic, convening, and collaboration this year has been designed to strengthen our collective resilience and ensure no one in the Upper Valley is left behind.

We are deeply grateful for the unwavering partnership of our more than 200 collaborators, generous donors, dedicated volunteers, and committed board members. Your belief in our shared mission fuels our progress. As we move into 2026 and beyond—and celebrate our 25th anniversary—we look forward with optimism and determination, working hand in hand with you to build a healthier, more equitable, and more vibrant Upper Valley for all.



Alice Ely
Executive Director



Suellen Griffin
Board President

Projects that Moved the Needle



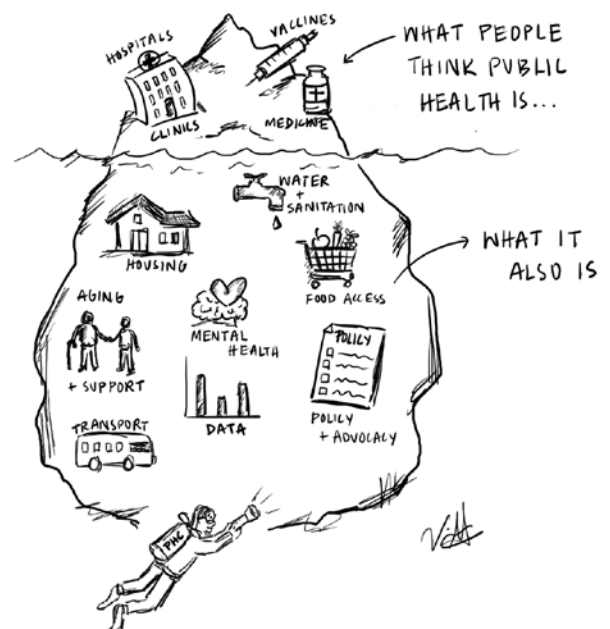
PROJECT 1 Health Equity

The Upper Valley Equity and Anti-Racism Leadership Team (UVEAR) hosted two Upper Valley BIPOC Congress events, which brought together over 30 community members, advocates, and service providers to share resources, strengthen relationships, and identify ways to better support BIPOC communities across the region. Through presentations and facilitated small-group discussions, participants explored topics such as housing, immigration, mutual aid, and emergency preparedness, with a focus on practical collaboration and next steps.

These events are widely viewed as successful, with participants emphasizing the value of meaningful conversations, new connections, and learning about the breadth of work happening across the region. Many highlighted the interactive format and small-group discussions as especially impactful, leaving with new ideas and a stronger sense of community. Attendees expressed enthusiasm for continuing the Congress and staying engaged in future efforts.

PROJECT 2 Bi-State Legislative Event

PHC's 2025 Bi-State Legislative Breakfast brought together policymakers, providers, and community leaders to explore how public health systems operate across New Hampshire and Vermont. The discussion highlighted the complexity of coordinating services across state lines, particularly in a rural region where challenges—and solutions—extend beyond borders. Speakers emphasized the need to strengthen system capacity, shift from reactive responses to prevention, and invest in stable funding and local public health roles. Housing continues to be a critical public health issue, with evidence-based approaches shown to improve outcomes and reduce costs. Participants also examined how potential Medicaid changes could impact rural providers and access to care. Overall, the event reinforced the value of ongoing, nonpartisan dialogue to support informed policymaking and healthier communities.



PROJECT 3

Free Flu Vaccine Clinics

6 FLU VACCINE CLINICS HELD



1,161 FREE VACCINES GIVEN
488 REGULAR DOSE 673 HIGH DOSE
25% INCREASE OVER 2025

35 COMMUNITY VOLUNTEERS



11 VOLUNTEER MEDICAL SUPERVISORS
ALL DH AFFILIATED GEISEL FACULTY

109 MEDICAL STUDENTS VOLUNTEERED FOR AT LEAST ONE CLINIC



312 VOLUNTEER HOURS TOTAL

PROJECT 4

Mentoring the Next Generation of Public Health Advocates

In 2025, PHC deepened its commitment to workforce development by hosting and mentoring students across a range of public health projects. Through hands-on engagement with community partners, town leaders, and policymakers, four undergraduate students gained a nuanced understanding of rural public health, one grounded in not only data, but lived experience. They explored challenges such as access to care, housing, aging populations, and cross-state system coordination, while contributing to meaningful work including research, community outreach, policy briefs, and strategic planning.

These partnerships proved mutually beneficial. Students brought fresh perspectives, energy, and capacity, helping advance priority initiatives that might otherwise be delayed. In turn, they developed a deeper appreciation for the complexity and the human side of public health work, particularly in rural settings. This exchange strengthened both the region's public health efforts and helped prepare the next generation of leaders to carry these lessons into the communities and fields they go on to serve.



“PHC also offers the space for community-based orgs and community members to have open conversations about issues and make connections that are valuable to all involved. Attending PHC meetings is always a good use of my time --- I inevitably learn something that is useful in my work and/or make new meaningful connections.”

- Partner Survey Respondent, Strategic Planning Survey

Voices from Our Community

When joining the Vermont Department of Health in 2019, the Public Health Council of the Upper Valley was one of the first organizations I connected with. I quickly realized that both my success and that of my team depended on understanding the region’s health challenges and its many assets.

I joined the PHC Board in 2020 and, over six years as a board member and officer, I witnessed firsthand how relevant and impactful this organization truly is. I contributed both my time and financial support to help it grow.

Even after relocating from the Upper Valley, I remain confident in the region’s future. The PHC’s capable staff, strategic planning, strong partnerships, and deep community engagement will continue serving both Vermont and New Hampshire communities for years to come.

Please join me in supporting this vital organization with your charitable gift.



2025 Public Health Hall of Fame Awardees



Sally Kraft, MD, Dartmouth Health

As Vice President of Population Health at Dartmouth Health for over a decade, Sally has provided extraordinary leadership in public health and health equity across the Upper Valley and beyond. She has bridged medicine and community to ensure all people can thrive, founded the Dartmouth Center for Advancing Rural Health Equity, and provided calm, resourceful leadership during COVID. Her tireless work to eliminate disparities, advance quality improvement, and inspire collaborative action has transformed lives and earned her statewide and regional acclaim.

Kerry Artman, CCBA

Kerry’s visionary leadership as Executive Director of the Carter Community Building Association (CCBA) has transformed it into a vital hub of inclusive health and belonging. Through innovative partnerships and relentless advocacy, she ensures recreation, wellness, and mental health support reach youth, seniors, veterans, individuals with special needs, and those facing economic insecurity—removing barriers so everyone can thrive. Kerry’s deep commitment to equity and community well-being makes the CCBA a powerful force for healing and connection across the Upper Valley.



Our Vision for the Future

Building on years of rapid response and partnership-driven work, PHC's new strategic vision sets a clear and ambitious path for the future, one rooted in community voice and regional collaboration. In 2025, we engaged hundreds of partners, local leaders, and residents to shape a plan that responds to today's challenges while strengthening the systems we all rely on for years to come.

At its core, this vision is about connection and capacity. PHC will expand community education efforts to ensure residents have access to trusted, actionable health information, while advancing health equity by elevating community leadership and addressing systemic barriers. We will strengthen local governance by equipping municipal leaders with the tools, training, and networks needed to respond effectively to evolving public health needs. At the same time, our Public Health Program Incubator will foster innovation, supporting both emerging and established initiatives to move beyond fragmented efforts toward a more coordinated, resilient system.

Together, these priorities reflect a bold commitment: to build a more informed, connected, and equitable Upper Valley, where communities are better prepared, partnerships are stronger, and every resident can thrive.



2025 List of Donors

Foundations

Couch Family Foundation
Dobles Foundation
Kettering Family Philanthropies
Saul O Sidore Memorial Foundation
The Jack & Dorothy Byrne
Foundation
Vermont Community Foundation

Corporations

Cedar Hill Continuing Care
Community
Dartmouth Health
Families Flourish Northeast, Inc.
Hypertherm Associates
Ledyard Bank
Mascoma Bank
The Dartmouth Institute, Dartmouth
College

Donor Advised Funds

DAFGiving360
Vanguard Charitable

Municipalities

City of Lebanon
Town of Bradford
Town of Canaan
Town of Corinth
Town of Dorchester
Town of Enfield
Town of Grantham
Town of Hanover
Town of Hartford
Town of Hartland
Town of Lyme
Town of Norwich
Town of Orange
Town of Orford

Town of Piermont
Town of Plainfield
Town of Strafford
Town of Thetford
Town of Tunbridge
Town of Vershire
Town of Washington
Town of West Fairlee
Town of Windsor
Town of Woodstock

Government Grants & Contracts

State of Vermont, Health Promotion
and Chronic Disease Prevention

Individuals

Adachi-Mejia, Anna
Allen, Loretta (Peggy)
Almy, Susan
Bergeron, Stephanie
Bernat, James & Judith
Bloomsfield, Nancy & Jeremy Hebert
Boyle, Bill
Given in Honor of Alice Ely
Byrne, Laura
Caudill-Slosberg, Margaret
Cusick, Carolyn & Bob
DiPiazza, Laura
Ely, Alice & David
Etkind, Paul & Sue
Farnsworth, Barbara
Fedrizzi, Rudy & Cindy Jerome
Fraser, Dan
Gambina, Keeley
Gardella, Maureen
Gaughan, Stephanie
Griffin, Julia & John Steidl
Griffin, Suellen

Harrison, Catherine
Harvey, Peter
Johnson, Dave & Marilyn
Jones, Andrew & Victoria
Loomis, Nancy
Longacre, Meghan
Marshall, Jill
Harding, Laurie & Peter Mason
Given in Honor of Alice Ely
Mayfield, Brett
Mitchell, Margaret
Ollis, Amity
Orgren, Rosemary
Proctor, Janet
Punjasthitkul, Sukdith
Rassias, Athos
Schiffman, Mark & Jennifer
Schori, Alice
Schorsch, Michael
*Given in Honor of Laura
Cooley*
Shibinette, Lori
Skeist, Helen
Varnum, Jim & Cindy
Vasconcelos, Kathleen & Miguel
Walter, Havah
Wells, Sadie
Wolk, Karen
Zhang, Angela

2025 Board of Directors

Suellen Griffin, *Chair*
Amanda Jordan Smith, *Vice Chair*
W. Brett Mayfield, *Immediate Past Chair*
Jen Barkley, *Treasurer*
Nancy Bloomfield, *Secretary*
Mark Bradley
Rudolph (Rudy) Fedrizzi, MD
Shaun Mulholland
Bise Wood Saint Eugene
Andrea Smith
Julius Turner
Kym Williams
Alexandra DuToit, Tuck Board Fellow, Ex-Officio Member
Sarah Bienstock, Tuck Board Fellow, Ex-Officio Member

2025 Financials



- Program - \$524,926 - 88%
- Administration - \$55,928 - 9%
- Fundraising - \$15,014 - 3%



- Individuals - \$85,451 - 12%
- Corporations - \$174,600 - 25%
- Foundations - \$285,966 - 41%
- Municipalities - \$58,985 - 9%
- State Government - \$53,245 - 8%
- Other Income - \$33,026 - 5%

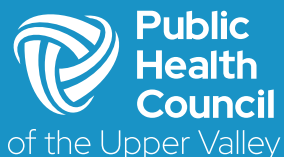
Your Support Matters!

As a friend of the PHC, you know how vital our work is to our local communities. We believe the financial support you provide is an endorsement of our ability to meet local needs – to do the work you value as a community.

Please join our dedicated staff, board members, friends, partners and local communities who invest in what they believe in.

Make your tax-deductible contribution by Check, PayPal or Venmo at: uvpublichealth.org/donate

We are tremendously grateful for the financial support we receive every year from individuals, foundations, corporations, and towns across the Upper Valley.



Alice R. Ely, MPH
Executive Director
alice.ely@uvpublichealth.org

Learn more at uvpublichealth.org
Follow us on [Facebook](#), [Twitter](#) and [Instagram](#)
[@uvpublichealth](#)