# Strengthening Families Network and Greater Upper Valley Integrated Services Team

Evolution towards an integrated system to address Social Connectedness

## Community Health Needs Assessment

As part of the Affordable Care Act (ACA) of 2010, non-profit hospitals are required to conduct a community health needs assessment (CHNA) every 3 years and create a health improvement plan (CHIP) based on those results.

In 2018, Mt. Ascutney Hospital and Health Center CHNA, for the first time ever, identified concerns for family well being were a top priority along with 6 workgroups:

- 1. Strengthening Families
- 2. Housing
- 3. Food Insecurity

- 4. Spiritual Health
- 5. Alcohol & Substance Misuse
- 6. Senior Health



### Windsor HSA Community Collaborative

Committed to improve population health by addressing medical, social, economic, and environmental factors that shape heath.

#### Governance and Vision

#### **Leadership Partners**

Convene - Listen Align - Advocate Support - Evaluate

### Backbone Organization

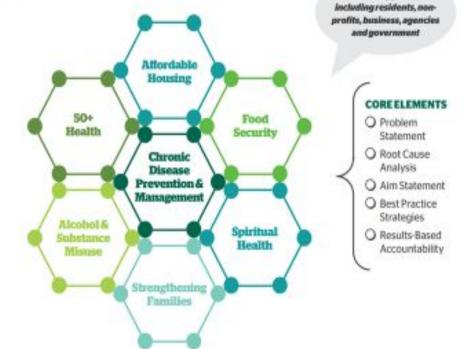
Mt. Ascutney Hospital and Health Center

#### **Our Community Vision:**

- · Well nourished
- Well housed:
- · Mentally healthy
- · Physically healthy
- . Financially secure
- · Socially connected and valued

#### **Our Community Mission:**

- · Increase quality of healthcare
- Improve patient experience
- . Contain the costs of care
- · Promote health equity







Community partners

## Strengthening Families Network

- Guided by: Collective Impact principles and Core Elements, and Strengthening Families Framework Protective Factors
- Aim to enhance Social Connectedness through the shared experience of Play & Parenting
- Two Parenting Action Groups formed:

**Playgroups** 



Circle of Security



## What is GUVIST?



Service Integration by Design

- Facilitates service delivery integration
- For both health care and social services
- To improve the experience of community members
- Helping service providers operate interdependently by design

**GUVIST.org** 

## **GUVIST & SFN**

Integration of decision-making, operations, leadership and responsibility

...between UV organizations providing Playgroups and Circle of Security (CoS)

...leading to a sustainability plan

Shift from Mt Ascutney community health as driver towards shared accountability to sustain this work



## Two Action Teams → Integrated System

### Aim to share workload:

- Collaborative implementation of playgroups / CoS Series
- Shared marketing
- Coordinated calendars
- Guidebooks
- Data collection
- Community of practice

### and outcomes:

- Reduce duplication of services, ensure universal quality standards, and equitable access, provide services with few barriers
- Better attended playgroups, families feeling welcome, training more CoS facilitators
- Meet family needs regardless of geography in UV
- Provide consistent, easy to access services for families
- Areas of Need: capacity, communications, coordination and equity, peer support and mentoring, more hosts

What questions does this bring up for you?