

# Strengthening Families Network and Greater Upper Valley Integrated Services Team

Evolution towards an integrated system to address  
Social Connectedness

# Community Health Needs Assessment

As part of the Affordable Care Act (ACA) of 2010, non-profit hospitals are required to conduct a community health needs assessment (CHNA) every 3 years and create a health improvement plan (CHIP) based on those results.

**In 2018, Mt. Ascutney Hospital and Health Center CHNA, for the first time ever, identified concerns for family well being were a top priority along with 6 workgroups:**

1. Strengthening Families
2. Housing
3. Food Insecurity
4. Spiritual Health
5. Alcohol & Substance Misuse
6. Senior Health

## Windsor HSA Community Collaborative

Committed to improve population health by addressing medical, social, economic, and environmental factors that shape health.

### Governance and Vision

#### Leadership Partners

Convene • Listen  
Align • Advocate  
Support • Evaluate



#### Backbone Organization

Mt. Ascutney Hospital  
and Health Center

#### Our Community Vision:

- Well nourished
- Well housed
- Mentally healthy
- Physically healthy
- Financially secure
- Socially connected and valued

#### Our Community Mission:

- Increase quality of healthcare
- Improve patient experience
- Contain the costs of care
- Promote health equity



Community partners  
including residents, non-  
profits, business, agencies  
and government

#### CORE ELEMENTS

- Problem Statement
- Root Cause Analysis
- Aim Statement
- Best Practice Strategies
- Results-Based Accountability

# Strengthening Families Network

- ▶ Guided by: Collective Impact principles and Core Elements, and Strengthening Families Framework Protective Factors
- ▶ Aim to enhance Social Connectedness through the shared experience of Play & Parenting
- ▶ Two Parenting Action Groups formed:

**Playgroups**



**Circle of Security**



# What is GUVIST?



Service Integration by Design

- ▶ Facilitates service delivery integration
- ▶ For both health care and social services
- ▶ To improve the experience of community members
- ▶ Helping service providers operate interdependently by design

[GUVIST.org](http://GUVIST.org)

# GUVIST & SFN

Integration of decision-making, operations,  
leadership and responsibility

...between UV organizations providing  
Playgroups and Circle of Security (CoS)

...leading to a **sustainability plan**

Shift from Mt Ascutney community health  
as driver towards shared accountability  
to sustain this work



# Two Action Teams → Integrated System

## Aim to share workload:

- ▶ Collaborative implementation of playgroups / CoS Series
- ▶ Shared marketing
- ▶ Coordinated calendars
- ▶ Guidebooks
- ▶ Data collection
- ▶ Community of practice

## and outcomes:

- ▶ Reduce duplication of services, ensure universal quality standards, and equitable access, provide services with few barriers
  - ▶ Better attended playgroups, families feeling welcome, training more CoS facilitators
  - ▶ Meet family needs regardless of geography in UV
  - ▶ Provide consistent, easy to access services for families
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- ▶ Areas of Need: capacity, communications, coordination and equity, peer support and mentoring, more hosts

What questions  
does this bring up  
for you?