



2023 Annual Report

Message from the Board of Directors

May 2024



W. Brett Mayfield, Chair

Another exciting year has passed, during which the COVID pandemic taught us the value of sustained public health capacity and what that really means – trained staff to pivot to emergent needs, established relationships, a can-do attitude, and stably funded organizations ready to step up. As Chair of the Public Health Council’s Board of Directors, I speak for myself and my colleagues when I say how proud we are of this organization and the role it played here in the Upper Valley during the pandemic.

In 2023, the pandemic moved to the background of our lives, but the Public Health Council (PHC) continued to support COVID vaccine clinics, distributing test kits to local organizations, and serving as a hub for pandemic information and resources. The PHC also turned its attention to projects we hope will ensure the lessons of the pandemic are not lost.

We hosted the UV Community Health Equity Partnership, which supported ten organizations led by traditionally marginalized members of our community, groups who had been demonstrably impacted by the pandemic more than others – in part because they lacked established and trusting relationships with our regular networks.

The 2023 Bi-State Legislative Breakfast focused on how the pandemic amplified existing weaknesses in our healthcare workforce pipeline, and demonstrated how closely tied access to housing and childcare are to workforce capacity.

Going forward, the PHC will focus on our core work of building collaboration, educating our community, and advocating for public health. We will continue to convene partners, host flu vaccine clinics, and push for greater health equity. We will also support new and emerging projects in the Upper Valley by consulting on assessments and program design and serving as fiscal sponsor for growing organizations that meet local needs.

Please join us in making the PHC even stronger. We need your help to achieve our goals and one way to show your support is to give what you can to our 2024 Annual Fundraising Appeal. Thank you.

A handwritten signature in blue ink that reads "Brett Mayfield". The signature is fluid and cursive, written over the bottom right portion of the text block.



PHC works to understand community needs; builds a shared public health agenda among diverse partners; promotes collaborative solutions; and brings support to underserved areas.

Promoting Collaboration

Upper Valley Community Health Improvement Plan: 2023 to 2025

Released new CHIP for 2023 to 2025 in June 2023 to guide regional community health efforts and define what success looks like.

PHC Partner Meetings

PHC's regular partner meetings brought people together to explore new information and strategies to address the region's community health priorities. Meeting records are archived on the PHC website.

Free Community Flu Vaccine Clinics

- ◆ 1,245 free flu shots given to the community
- ◆ 6 community clinics hosted (added Windsor, VT)
- ◆ Partners included students from Geisel School of Medicine, Dartmouth Health Providers, and volunteers from UV Medical Reserve Corps, Lebanon and Windsor Rotary Clubs & PHC Board of Directors
- ◆ Vaccines were donated by Dartmouth Health

Greater Upper Valley Integrated Services Delivery Team (GUVIST)

Fiscal Sponsor for GUVIST, a collaborative group that facilitates service integration to improve the experience of people who receive services from multiple organizations by helping service providers operate interdependently by design.

Health Equity



Members of Ottawaquechee Water Protectors Association, a Health Equity Partnership grantee, build the Abenaki Garden in Quechee, VT.

UV Equity & Anti-Racism Leadership Team

Supported effort by representatives of traditionally marginalized groups to address instances and impacts of racism, oppression, and discrimination in the Upper Valley that impact health and wellbeing.

UV Community Health Equity Partnership

Served as host for a health disparities project to address higher rates of mental illness and addiction in members of BIPOC and LGBTQIA+ communities. Project was overseen by a representative Steering Committee.

- ◆ Supported 10 community-based projects with over \$160,000 in grants.
- ◆ Increased connections between minority-led organizations through events and technical assistance to build strength and sustainability.
- ◆ Promoted grantee work within the Upper Valley through presentations and website posts.

Funded by Vermont's CDC Health Disparities Grant through VT Public Health Institute.

Education

Supporting Student Learning

Served as Preceptor for Dartmouth Senior Design Challenge Team on project developing systems to support Upper Valley Food Pantries. Worked with Southern Vermont AHEC to host 2 undergraduate students who redesigned the PHC website, built a data dashboard, and assisted with project development.

Cross-Class Collaboration for Action on Poverty & Inequity

This training builds a shared understanding of how poverty and inequality work at individual, community and systemic levels. Co-sponsored with Dartmouth Health, LISTEN, Upper Valley Haven and Vital Communities.

Advocacy

Bi-State Legislative Breakfast

Gathered state legislators and local providers to discuss the many layers of workforce challenges impacting health and wellbeing in our region.

Sponsored by Mascoma Bank, NH Charitable Foundation and Altogether.



Kate Luczko, of NH Health Force, addresses the UV Bi-State Legislative Breakfast.

Advocacy Training

Offered virtual advocacy skills workshop for Upper Valley residents to increase citizen advocacy for health needs. Also offered a training on Advocacy vs. Lobbying for nonprofits leaders. Co-sponsored by New Futures.

Financial Information

Statement of Activities for January 1 — December 31, 2023

INCOME		EXPENSES	
Donations		Personnel	\$192,102
Individual	\$5,805	Professional Fees	\$6,354
Municipalities	\$29,396	Occupancy	\$5,304
Corporations	\$347,569	Direct Program Expenses	\$271,288
Foundations	\$118,614	Travel Expenses	\$4,462
State Program Grants	\$0	Other Expenses	\$8,591
Federal Program Grants	\$0	Total Expenses	\$488,101
Other Income	\$22,530	Net Ordinary Income	\$35,813*
Total Income	\$523,914		

* Net Ordinary Income reflects grant funding received in 2023 for multi-year projects.

2023 Public Health Hall of Fame Awards

On November 20, the PHC Board of Directors honored the **Good Neighbor Health Clinics** for their ongoing work to provide patients with equal healthcare opportunities despite their ability to pay. **Upper Valley STRONG** was also recognized for their response to disasters affecting our region – from natural disasters to a global pandemic, to disruptions in critical services and supports.

Thank You to Our Supporters

Individuals

Susan Almy, In Honor
of Alice Ely
Anonymous (2)
Jennifer Barkley
James & Judith Bernat
Roberta Berner & Richard Abel
Barbara Bickel
Nancy Bloomfield & Jeremy Hebert
Bill Boyle
Margaret Caudill-Slosberg
Priscilla Clark
Carolyn & Bob Cusick
Stephen Darrow
Janet Dowell
Alice & David Ely
Paul & Sue Etkind
Rudy Fedrizzi
Dan Fraser
Suellen Griffin
Helen Hong
Laurie Harding & Peter Mason, In Honor
of Alice Ely
Tracey Hayes & Keith Warren
Dave & Marilyn Johnson
Andrew & Victoria Jones
Mardee Laumann

Nancy Loomis
Marjorie & Jim Matthews
W. Brett Mayfield
Deborah McTigue
Nate Miller & Rita Seto
Rosemary Orgren
Steve & Jane Plumley
Janet Proctor
Athos Rassias
Frederick & Linda Roesch
Jennifer & Mark Schiffman
Alice Schori
Michael Schorsch
Sheila & Lawrence Shulman
Helen Skeist
Jim & Cindy Varnum
Kathleen & Miguel Vasconcelos
Karen Wolk & Richard Fox

Towns

Bradford, VT
Corinth, VT
Dorchester, NH
Enfield, NH
Grantham, NH
Hanover, NH
Hartford, VT

Hartland, VT
Lyme, VT
Norwich, VT
Orange, NH
Orford, NH
Piermont, NH
Plainfield, NH
Strafford, VT
Thetford, VT
Tunbridge, VT
Washington, VT
West Fairlee, VT
Windsor, VT

Corporations

Dartmouth Health
Mascoma Bank
Novo Nordisk
Rotary Club of Lebanon
Vermont Public Health Association

Foundations

Barrette Family Fund of the New
Hampshire Charitable Foundation
Couch Family Foundation
Jack and Dorothy Byrne Foundation

2024 Board of Directors

W. Brett Mayfield, *Chair*
Suellen Griffin, *Vice Chair*
Rudy Fedrizzi, *Immediate Past Chair*
Jen Barkley, *Treasurer*
Nancy Bloomfield, *Secretary*
Mark Bradley
Matt Cole
Shaun Mulholland
Alisha Robinson
Chloe Rouhandeh, *Tuck Board Fellow*
Amanda Jordan Smith
Andrea Smith
Marie Smoak, *Tuck Board Fellow*
Julius Turner
Kym Williams



Rudy Fedrizzi, MD, supports Geisel Medical Student at Community Flu Vaccine Clinic, October 2023.

Healthier Communities Depend on You

As a friend of the PHC, you know how vital our work is to our local communities. We believe the financial support you provide is an endorsement of our ability to meet local needs — to do the work you value as a community.

Please join our dedicated staff, board members, friends, partners and local communities who invest in what they believe in.

Make your tax-deductible contribution by
Check, PayPal or Venmo at:
uvpublichealth.org/donate/