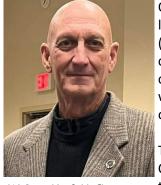


# **2022 Annual Report**

# Message from the Board of Directors

May 2023



W. Brett Mayfield, Chair

Over this past year, our communities and service provider partners have begun learning to live with COVID and its lasting impact on our work and our lives. The Public Health Council (PHC) has been right there, providing space for partners to share information about new and changing programs, emerging health issues and the wind-down of COVID resources. We have consulted with organizations on ways to adjust programs to meet new realities, like workforce challenges. We have talked public health policy with legislators, distributed 1,000s of COVID test kits, and brought free flu vaccines out to our rural communities.

This past year, with support from dozens of our partners, we began crafting an updated Community Health Improvement Plan, which presents a shared set of goals and strategies that reflect the needs of our residents and the collaborative work of our partners. PHC has put a special focus on addressing the health disparities experienced by traditionally

marginalized members of our community and has been proud to host the Upper Valley Community Health Equity Partnership, funded by Vermont's Health Disparity Grant from the US Centers for Disease Control and Prevention.

For the PHC to continue leading on existing and future public health issues, we must:

- Strengthen and increase our capacity through growing our paid staff and coalition membership.
- Ensure Sustainability through growing grants, municipal contributions, and charitable support.
- Broaden Organizational Leadership.
- Increase the visibility of PHC, especially our commitment to reducing heath disparities and promoting equity.

Please join us in making PHC even stronger. We need your help to achieve our goals and one way to show your support is to give what you can to our 2023 Annual Fundraising Appeal. Thank you.

But Mayfield



PHC works to understand community needs; builds a shared public health agenda among diverse partners; promotes collaborative solutions; and brings support to underserved areas.

#### **Education**

#### **Supporting Student Learning**

Served as Preceptor for 4 graduate students pursuing public health degrees. Projects included researching health disparities in local health data, improving WIC participation, and data dashboards for local coalitions.

#### **Substance Abuse & Older Adults**

Hosted training for Aging in Community volunteers, advocates, and service providers to learn how changes in the aging body may cause alcohol, medications and other substances to have stronger effects.

# Cross-Class Collaboration for Action on Poverty & Inequity

Co-sponsored this training to build a shared understanding of how poverty and inequality work at individual, community and systemic levels. Working with Dartmouth Health, LISTEN, Upper Valley Haven and Vital Communities to make this a regular training and add capacity for ongoing community conversations.

#### **Health Equity**

#### **UV Equity & Anti-Racism Leadership Team**

Supported group led by representatives of traditionally marginalized groups to address instances and impacts of racism, oppression, and discrimination in the Upper Valley that impact health and wellbeing.

## **UV Community Health Equity Partnership**

Served as host for a health disparities project providing grant funds to organizations led by and serving members of BIPOC and LGBQTIA+ communities to address higher rates of mental illness and addiction in these groups. Project is overseen by a representative Steering Committee. Funded by Vermont's CDC Health Disparities Grant through VT Public Health Institute.



# Starting a Conversation about How We Support More Diverse Leadership & Equity Work

PHC Annual Meeting featured Julia Dundorf, from the NE Grassroots Fund, with an exploration of how philanthropy can engage in more equitable funding.

### **Promoting Collaboration**

#### **PHC Partner Meetings**

PHC's regular partner meetings brought people together to around ongoing COVID response, the ways in which programs were returning to "normal" operations, new opportunities and challenges.

#### **COVID Vaccines & Test Kits**

Vaccine clinics continued throughout 2022, though clinics in NH transitioned from local administration to state-supported mobile clinics. PHC also distributed COVID test kits to help partner organizations keep staff and clients healthy and safe.

15	<b>2,050</b>	28,644

COVID COVID COVID Vaccine Clinics Vaccines Test Kits

#### Free Community Flu Vaccine Clinics

- ◆ 1,142 free flu shots given to the community
- ◆ 5 community clinics hosted (NH & VT)
- Partners included students from Geisel School of Medicine, Dartmouth Health Providers, and volunteers from UV Medical Reserve Corps, Lebanon Rotary Club & PHC Board of Directors
- Vaccines were donated by Dartmouth Health

# Greater Upper Valley Integrated Services Delivery Team (GUVIST)

Serving as Fiscal Sponsor for GUVIST, a collaborative group committed to improving service delivery through integration. GUVIST facilitates service integration to improve the experience of people who receive services from multiple organizations by helping service providers operate interdependently by design.

#### **Advocacy**

#### **Bi-State Legislative Breakfast**

Gathered state legislators and subject matter experts to discuss how public policy affects Upper Valley residents' access to the health-related services they need. Sponsored by Mascoma Bank and New Futures.

### **Advocacy Training**

Offered virtual advocacy skills workshop for Upper Valley community to increase citizen advocacy for community health needs. Co-sponsored by New Futures.

### **Financial Information**

# Statement of Activities for January I — December 31, 2022

INCOME		EXPENSES	
Donations		Personnel	\$106,056
Individual	\$5,117	Professional Fees	\$6,924
Municipalities	\$25,913	Occupancy	\$4,360
Corporations	\$159,102	Direct Program Expenses	\$120,901
Foundations	\$123,382	Travel Expenses	\$2,480
State Program Grants	\$0	Other Expenses	\$7,543
Federal Program Grants Other Income	\$0 \$3,372	Total Expenses	\$248,264
Total Income	\$316,886	Net Ordinary Income	\$68,622*

<sup>\*</sup> Net Ordinary Income reflects grant funding received in 2022 for multi-year projects.

# Thank You to Our Supporters

Individuals	Athos Rassias
Susan Almy	Frederick & Linda Roesch
Anonymous	Jennifer & Mark Schiffman
Peter Hoyle Armstrong	Michael Schorsch
Jennifer Barkley	Sheila & Lawrence Shulman
James & Judith Bernat	Helen Skeist
Roberta Berner & Richard Abel	Steven Smith
Barbara Bickel	Julius Turner
Nancy Bloomfield & Jeremy Hebert	Jim & Cindy Varnum
Bill Boyle	Kathleen & Miguel Vasconcelos
Laura Byrne	Karen Wolk & Richard Fox

Margaret Caudill-Slosberg Nicole Coleman Towns Carolyn & Bob Cusick Bradford, VT Stephen Darrow Corinth, VT Alice & David Ely Dorchester, NH Paul & Sue Etkind Enfield, NH Rudy Fedrizzi Grantham, NH Dan Fraser Hanover, NH Suellen Griffin Hartford, VT Helen Hong Hartland, VT Laurie Harding & Peter Mason Lyme, VT Dave & Marilyn Johnson Norwich, VT Andrew & Victoria Jones Orange, NH Alison Kapadia Orford, NH Katie Kobe Kent Piermont, NH

Helen Hong Hartland, VT

Laurie Harding & Peter Mason Lyme, VT

Dave & Marilyn Johnson Norwich, VT

Andrew & Victoria Jones Orange, NH

Alison Kapadia Orford, NH

Katie Kobe Kent Piermont, NH

Mardee Laumann Plainfield, NH

W. Brett Mayfield Strafford, VT

Deborah McTigue Thetford, VT

Nan & Ken Munsey Tunbridge, VT

Rosemary Orgren Washington, VT

Leah Plunkett West Fairlee, VT

Janet Proctor Windsor, VT

Victoria Ramos-Glew



Back Inside: Orford Community Flu Vaccine Clinic, October 2022

#### Corporations

Building Bright Futures
Dartmouth College
Dartmouth Health
Frasers General Store (Dan & Whit's)
Mascoma Bank
MTD Building Contractors
New Futures

Novo Nordisk
The Family Place

#### **Foundations**

Barrette Family Fund of the New Hampshire Charitable Foundation Couch Family Foundation Jack and Dorothy Byrne Foundation The Crowell Family Foundation



One Court Street, Suite 378 Lebanon, NH 03766

#### 2023 Board of Directors

W. Brett Mayfield, Chair
Rudy Fedrizzi, Vice Chair
Jen Barkley, Treasurer
Roberta Berner, Secretary
Nancy Bloomfield
Nicole Coleman
Matt Cole
Dan Fraser
Suellen Griffin
Katie Kobe Kent

Julius Turner





We seek applications for projects that can be completed in the 7-month time frame. Awards Up to \$28,000.



SIGN UP

TO LEARN

MORE

From social media campaign to get the word out about our health equity grants program.

# Healthier Communities Depend on You

As a friend of the PHC, you know how vital our work is to our local communities. We believe the financial support you provide is an endorsement of our ability to meet local needs — to do the work you value as a community.

Please join our dedicated staff, board members, friends, partners and local communities who invest in what they believe in.

Make your tax-deductible contribution by Check, PayPal or Venmo at: uvpublichealth.org/donate/