

Public Health Council of the Upper Valley
Partner Meeting
October 21, 2022

Attendees: Alice Ely, Lauren Chambers, Barbara Farnsworth, Rebecca Desilets, Rachael McMillan, Cathie Clement, Peter Mason, Jeana Newbern, Amanda, Andrea Smith, Angie Raymond Leduc, Anthony Knox, Bridget Mudge, Bridgett Taylor, Emily Zanleoni, Hanna Brooks, Hilary Schuler, Holly Gaspar, James Esdon, Kelli Ross, Lindsey Boisvert, Liz Swanton, Lyrica Stelle, Martha Tecca, Meghan Butts, Rudy Fedrizzi, Laurie Harding, Stephanie Bergeron, Steve Atwood, William Boyle

Guest Presentation:

Rachael McMillan – Good Neighbor Health Clinic, UV LGBTQ+ Health Clinic
rachael@goodnhc.org
Please see slides attached to email.

Updates:

General PHC News (Alice Ely)

- Applications for the Upper Valley Community Health Equity Partnership grants due Monday by 5pm
- Annual meeting Nov 10th 5-7pm (virtual) – keynote speaker secured!
- One more flu clinic at Mascoma Health Center, Friday, October 28, 4 to 7 pm
 - Numbers have been a little down this year, suspect because there are plenty of other clinics happening offering flu and covid booster, and that people might be getting their flu shots earlier
- November 14th – Bi-State Legislative Breakfast to discuss anticipated priority areas for the upcoming session
- Working with New Futures on a series of advocacy related training events

Hartford Community Coalition (Emily Zanleoni)

- HCC joining the GNHC and The Standard Tattoo Company (a business across the street from GNHC) for a “clothes grab” day - TSTCo asked for clothes donations and stood outside their business during a Saturday to welcome LGBTQ+ folks to come and ‘shop’ for free!!
- Thanksgiving program for Hartford residents. For more information: [CLICK HERE](#)

CommunityCare of Lyme (Martha Tecca)

- November 1 Community Training Program on Youth Suicide. 6-7pm at Lyme School or by Zoom. <https://www.cclyme.org/events/program-on-youth-suicide-prevention/>
- Access to 9/13 recorded program, referenced by Alice: <https://www.cclyme.org/mental-health-considerations-for-transgender-and-gender-diverse-folks-wellness-wednesday/>

NHADACA & Local (Bridgett Taylor)

- The Herald, a newspaper out of Randolph, did a nice article about the Sharon Academy student for anyone who didn't see it in Daybreak <https://www.ourherald.com/articles/teens-death-hits-community-hard/>
- NHADACA – Annual Meeting Nov. 18th 8:30-1:30 Bedford, NH
 - Will feature a presentation on stimulants
 - <https://www.nhadaca.org/event-4937367?CalendarViewType=0&SelectedDate=10/21/2022>

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All Together (Andrea Smith)

- National Drug Take Back Day happening on Saturday, Oct. 29th 10am-2pm. Please spread the word and dispose of your medications. Cannot dispose of liquids at this time at Take Back Day. We have Detera bags (alternative disposal option) that safely disposes of liquids. Please contact andrea.e.smith@hitchcock.org for access to these Detera bags. You can also dispose of vape products (battery removed) at the take back events

VNH (Anthony Knox)

- VNH is hosting a flu clinic at the Grantham Town Hall on Friday, October 28th from 9:00am-2:00pm (or until we run out of vaccines). We will have both high and regular dose.

VT Department of Health (Rudy Redrizzi)

- VT working on a campaign to identify adults at risk for pre-diabetes.
- www.myhealthyvt.org/prediabetes-risk-quiz to take a 1 minute survey to help understand your risk.
- Lyrica Stelle has a social media toolkit she can share: Lyrica.Stelle@vermont.gov

DH Center for Advancing Rural Health Equity (Holly Gaspar)

- Upcoming DH Center for Advancing Rural Health Equity launch! Learn more and join here: <https://www.eventbrite.com/e/the-center-for-advancing-rural-health-equity-inaugural-event-tickets-419619542347>
- You can learn more about the center here: <https://www.dartmouth-hitchcock.org/about/center-rural-health-equity>

Fentanyl & Halloween

Comments & discussion about the presence and dangers of fentanyl and fake pills. The ALL Together coalition has put together a **one-pager** about fentanyl (see attached flyer). There have been messaging in the media about fentanyl in Halloween candy (looking like skittles), however experts reassure that this is not a real threat to be concerned with. More here: <https://www.pbs.org/newshour/health/why-this-expert-says-rainbow-fentanyl-is-no-real-threat-to-your-halloween-this-year>

Messaging to share with your networks for safety for kids this Halloween:

<https://www.safekids.org/node/9290>