

Public Health Council of the Upper Valley

Partner Meeting

Friday, September 18, 2020, 9 to 11 am, via Zoom

Alice Ely, Lauren Chambers, Rudy Fedrizzi, Andrea Smith, Angie Leduc, Barbara Farnsworth, Marth Tecca, Katie Lenhoff, Lindsey LaFond, Angela Zhang, Heather Rigney, Hilary Schuler, James Esdon, Jeana Newbern, Joann Erenhouse, Jo-Ellen Courtney, Kaela Monahan, Kathleen Vasconcelos, Laurie Harding, Liz Swanton, Megan Smith, Michael Redmond, Peter Mason, Roger Osmun, Ruth Storey, Ryan Richards, Stacey Chioocchio, Stephanie Slayton, William Boyle, William Mayfield, Stephanie Cameron, Emily Zanleoni, Cameron Ford, Alicia Barrow, Elizabeth Craib

General Updates from Partners:

Lindsey LaFond - Ongoing Community Health Worker ECHO takes place every Tuesday 9-10am sponsored by DH with support from the NH CHW Coalition. Next one is on Sept 22nd and will focus on housing related issues. Reach out to Lindsey LaFond for more info

lindsey.lafond@newlondonhospital.org

Alice Peck Day is partnering with the NH DHHS to provide COVID-19 testing to community members within the APD [service area](#) by appointment only. For more information visit the website [here](#). Please call to request an appointment: (603) 442-5665

Ryan Richards - H2RC harm reduction services are mobile right now. Talking with folks about how to safely use during this time of a pandemic (harm reduction). Recommending [Never Use Alone](#) - national organization you can call while using and they will monitor you in case of overdose and will alert emergency services if you stop responding. Please refer to H2RC for any harm reduction services. Will be hosting a train-the-trainer for Narcan and creating a small booklet with information on local resources, how to recognize an overdose and how to use Narcan. For more info about syringe services contact Ryan Richards ryan@h2rc.org 603-448-8887 ext 104

David's House is partnering with CHaD for their 16-day [fundraising drive](#) right now!

Hartford Community Coalition partnering with the Upper Valley Music Center to offer several programs this fall. More info [here](#)

Martha Tecca - looking for ideas for recruiting a Manager of Volunteer Participation (names or places to advertise) reach out to Martha Tecca martha.tecca@gmail.com

Stacey Chioocchio - Hypertherm running their SUD 2.0 learning series for all leaders that will include mental health this time, with information about the installment of [NaloxBoxes](#) in their facilities.

Peter Mason - IDN's 5-year grant ending in December. Working right now to consolidate the positive infrastructure developed from the grant and try to find ways to sustain positions and programs under the IDN.

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Rudy Fedrizzi - VT continues to do Covid-19 testing at the state office through October for asymptomatic residents. Visit [Coronavirus \(COVID-19\)](#) for more info. Hartford schools had a positive case this past week and the response, tracing, and communication was very positive.

Kinney Drugs is now offering Covid-19 testing for asymptomatic individuals. More info [here](#)

Stephanie Slayton - TLC Family Resource Center is excited to be moving in a few months, combining the Center for Recovery Resources and Family Support programs under one roof!

Roger Osmun - the City of Lebanon is applying for a block grant on behalf of West Central Behavioral Health to expand crisis services to be 24/7 and mobile. WCBH also looking to expand this fall to offer primary care with a PCP and nurse practitioner.

Joann Erenhouse – Senior Solutions is reaching the last few months of a 3 year DOJ grant to end abuse in later life. Have a new finance Director coming on board soon. Still looking for advisory council members from several towns - please reach out at JErenhouse@seniorsolutionsvt.org.

Katie Lenhoff - Norris Cotton Cancer Center implementing a rural colorectal cancer screening project in Coos & Sullivan counties, as well as many rural counties in VT - looking to partner with community orgs/providers to get the word out. NCCC also working on a tobacco initiative building up the resources and will receive additional year of funding to provide tobacco treatment services at DH (often covered by insurance)

Barbara Farnsworth - Upper Valley Strong members continue to meet 2-3 times a month depending on the subcommittee. UVS has been able to raise and distribute funding to several social service organizations during this time. If your org has been impacted by Covid-19, reach out to UVS for support. <https://uvstrong.org/upper-valley-strong-impact-report/>.

Upcoming Events:

Pedro Altagracia of New Futures will be hosting a listening session for 2021 policy priorities for NH serving organizations on Thursday, Sept 24th at 11am. Contact Michael Redmond at mredmond@upppervalleyhaven.org if you would like to be part of the conversation!

17th Annual NH Suicide Prevention Conference will be held online Nov 12th & 13th, 2020. For more info and to register see [conference brochure](#).

The NH Community Health Worker Coalition's annual meeting will be on October 7th. Click [here](#) to register. Please share the [flyer](#) for the event.

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Jo-Ellen Courtney - NHSaves Button Up - Home Energy Workshop will be October 6th from 7-830pm.
Contact Barb Callaway bcallaway65@gmail.com

19th National Prescription Drug Take Back Day will be held on October 24th from 10am-2pm. This initiative provides an opportunity to safely dispose of your unused or expired medications at your participating local police departments and various other locations throughout the region. Contact Andrea Smith for more info andrea.e.smith@hitchcock.org

The month of September is!

- National Recovery month - Center for Recovery Resources events on website & [Facebook](#)
- Emergency Preparedness month
- NICU Awareness month
- National Senior Center month - the Upper Valley Senior Center is still offering Grab N' Go curbside meals Mondays & Wednesdays. More info [here](#)
- Hunger Action month - please consider donating to or supporting your local food shelf!

Hartford Community Coalition Presentation About Summer Meals:

Summer was a very difficult time, but HCC was able to adapt and provide a large number of meals to those in need. Kudos to them for leading the charge and making sure that everyone was served!

Headrest's "Virtual Lunches"

Headrest was not able to do traditional Rail Trail Ramble this year so instead wanted to come up with an alternative that was a direct link to our mission but also recognize National Suicide Prevention Month.

Headrest, the non-profit organization which runs the 24/7 Crisis Hotline (1-800-273-TALK) that serves NH and VT, is excited to announce that we will be hosting a series of "Virtual Lunches" throughout the month of September - themed around Suicide Prevention Month. The sessions will take place every Tuesday at noon and are expected to last about 30 minutes.

Grab your lunch and join us for our LAST TWO sessions:

- Tuesday, September 22nd: Penny King, Suicide Loss Survivor - sharing her story
- Tuesday, September 29th: Susan Morrison, Department of Health & Human Services Employee, Member of NH Suicide Prevention Council and Suicide Loss Survivor - sharing her story

The sessions are FREE but registration is required. Please register [here](#) for any (or all!) of the sessions. A Zoom link will be included in your email confirmation

Updates:

Community/Public Flu Clinics:

- [PHC Clinics](#): partnering again with students at the Geisel School of Medicine (current schedule below). Will be drive-thru in all locations. Please stay tuned for more information.

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Date	Time	Site	Location
Sat 10/3	10-1	Rivendell Academy	Orford, NH
Sat 10/10	10-1	Plainfield Elementary	Plainfield, NH
Wed 10/14	2-6	La Sallette Shrine	Enfield, NH
Wed 10/21	2-5	Oxbow High School	Bradford, VT
Sat 10/24	10-1	TBD [cancelled]	Bridgewater, VT
Sat 10/31	10-1	Canaan Elementary	Canaan, NH

- [Lake Sunapee VNA](#)- by appointment only, targeting age 19+, and those covered under Medicare/Medicaid
- [D-HH](#) - you must register for an appointment, they will bill insurance but the patient should not receive a bill.
- [Mt. Ascutney](#) - will also be doing clinics
- [Upper Valley Senior Center](#) - partnering with Walgreens to offer a drive-thru flu clinic on Oct. 5th from 12:15-3:15. You must call ahead to make a reservation 603-448-4213

School-based Flu Clinics:

- [NH Free Clinics](#): will be drive-thru, available to anyone age 4-19 no matter where they live, free of cost.
- State of VT is also making flu vaccines available to students this year by providing vaccine to health care providers who want to host clinics.

Anti-Racism Efforts:

The PHC sees a natural role for bringing data, providing facilitation, and connecting community members to do this important work. We had a wonderful training last month from Carolyn Stone and Gabrielle Lucke of Hypertherm. There are many people interested in this work and we'll be working together to explore how to move discussions and actions forward to change knowledge, attitudes, and skills. If you want to be involved please let Alice know! (Pedro Altagarcia, Heather Rigney, Cameron Ford, and Angele Zhang said yes)

Alicia Barrow updated the group about the newly formed [Safe Spaces for BIPOC and Allies](#). Safe Spaces is a new organization since mid March, running on funding/donations from community members. Looking for grants and grant writers. Safe Spaces is a two track program: one for BIPOC community (black, indigenous and people of color) and one for the Allyship Program - offered to white allies who are interested in learning more about how to change or shift the paradigm of thinking within themselves. They are also starting a children's reading program for BIPOC children, and an allyship program for white children (any age). For more info contact safespacesforbipoc@gmail.com.

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Discussion: *Hoping for the Best & Planning for the Worst – What have we learned over the last six months that helps us prepare for the next six months should a resurgence occur?*

- Focus of reopening the schools have been on the health and safety of the children, but suggestion we focus also on the teachers (PPE or materials/supplies drive; get teacher feedback on any gaps)
- Flu clinics morphing into Covid-19 clinics - how can we address vaccine reluctance (possibly a media campaign, talking points (Good Neighbor available to help with campaign development and dissemination)
- How do we convene, update, send & receive important information to our community response leaders - sustainably and consistently?
- Personal responsibility and emergency preparedness (GO Kits or STAY Kits)
- Hope we have learned ways to prevent people from feeling or being isolated (keeping families together, hospital visitation, telemedicine, advance care directives)

Other announcements:

- Have had to reschedule our aging forums - Nov 10th 1-3 via zoom will be on creating dementia friendly communities
- Please join the NH Public Health Association on Wednesday, November 4, from 9 to 11:15 a.m. for our virtual Lobbying and Advocacy: A Primer for New Hampshire Non-Profit Advocates training! Training is provided by New Futures.
 - What can you do as a non-profit or public health official? What are the legal sources of lobbying restrictions? What is advocacy, direct lobbying, and grassroots lobbying? As we gear up for the New Hampshire legislative session, come and join your colleagues to learn the answers to these sometimes confusing questions. Scholarships are available upon request.
 - To register, please click here: [2020 Lobbying and Advocacy Training](#)
- The New England Association for Healthcare Quality is excited to announce a new webinar to advance the conversation about structural racism. Racialized Data: Debunking the Myth of Neutrality & Experiments in Being Explicit in Public Health presented by Meenakshi Verma-Agrawal - Wednesday, September 23, 2020, 12-1 PM
 - When we talk about data, there is a presumption of neutrality. However, when we presume neutrality, we are simply replicating structural racism. What does this mean for the data we use and share? The data that goes out into the world shapes not only our individual narratives, beliefs and values, but it also informs policies and practices. Through the use of examples from the MA Tobacco Control and Prevention Program, we will discuss how data can transform our conversations and the policies we create.
 - Click [here](#) for more information and registration!