

2020 Annual Report

Message from the Board of Directors

May 2021



Rudy Fedrizzi, MD, Chair

The COVID-19 pandemic caused all of us to adjust the ways we learn, work, travel, recreate, and interact with family and friends. Still, despite all the changes of this past year, the Public Health Council of the Upper Valley (PHC) has remained a relevant and trusted partner in promoting dialogue and collaborative solutions to maintain and improve the health of area residents. Regarding the COVID response, the PHC has been especially visible in making testing and vaccination accessible to all. Now as we see vaccination rates rise and cases fall there seems to be renewed optimism for imaging a future “beyond-COVID.”

For the PHC, that future will include our continued attention to regional priorities like mental health, strengthening families, gender-based violence, healthy aging, substance use prevention, and primary care. We will also be more active in helping to address health inequity and racism as serious threats to reaching the fullest potential for a safe, healthy and thriving Upper Valley.

In many ways the pandemic has uncovered disparities that have long existed and long been neglected. Rest assured the PHC will work tirelessly with others who share our commitment to social justice to see that our health systems and policies are free of discrimination and unfair barriers.

The Upper Valley can be proud of the way our community has responded to this once in a generation public health crisis. I believe the PHC can feel equally proud of the ways it effectively encouraged collaboration among our many partners during these challenging times. Help ensure the PHC will always be the strong, impactful organization that others look to whatever health concerns arise. Please consider a donation to help us reach our 2021 fundraising goal.

Rudolph P. Fedrizzi

2021 Board of Directors

Rudy Fedrizzi, *Chair*
Nicole Coleman, *Vice Chair*
Jen Barkley, *Treasurer*
Dan Fraser, *Secretary*
Roberta Berner
Nancy Bloomfield
Katie Kobe Kent
W. Brett Mayfield
Julius Turner



**My mask protects you.
Your mask protects me.**

Up-to-date research shows that masks, worn over the nose & mouth, can stop the spread of germs. (CDC 2020, JAMA 2020)

Masks are available at many places such as tinyurl.com/masksforUV, MaskUpNH.gov, & NH Liquor & Wine Outlets

If you'd like to know more on the effectiveness of face coverings, see tinyurl.com/masksforUV

Call 211 with any COVID questions!

Logos: Public Health Council of the Upper Valley, nh.gov, Dartmouth MEDICINE, Community

Poster developed by students at Geisel School of Medicine, published by PHC, and distributed throughout our communities in spring 2020.

PHC was involved in numerous efforts in 2020 to educate stakeholders and residents about COVID-19 using publications, social media, and word-of-mouth.

Healthier Communities Depend on You

As a friend of the PHC, you know how vital our work is to our local communities. We believe the financial support you provide is an endorsement of our ability to meet local needs — to do the work you value as a community.

Please join our dedicated staff, board members, friends, partners and local communities who invest in what they believe in.

Make your tax-deductible contribution by check or via PayPal at:
uvpublichealth.org/about-phc

Collaboration. Education. Advocacy.



PHC works to understand community needs; builds a shared public health agenda among diverse partners; promotes collaborative solutions; and brings support to underserved areas.

A Note from Alice Ely, Executive Director



Public health professionals plan for emergencies – we train and drill. We plan to take on new roles. This was the year all that planning paid off. I am so very proud of how our region responded to the emerging pandemic early and decisively. A few highlights to share:

- Our emergency response team opened operations quickly in mid-March 2020 to prepare for pandemic functions like contact tracing, quarantine, and testing.
- Upper Valley Strong brought us together to support our neighbors during the many disruptions we faced.
- Our Medical Reserve Corps grew tremendously from 43 members pre-pandemic to over 160 to date. Many of these volunteers have spent numerous hours testing, contact tracing, and administering vaccines.

I may wish we hadn't had to go through this pandemic, but I wouldn't wish to go through it in any other community.

Lebanon Lunch Friends & Hartford's Take a Bite Out of Hunger Summer Meals Programs

In 2020, PHC & Hartford Community Coalition provided meals to children in Hartford and worked with the Lebanon School District to fill gaps in their meals distribution. We provided meals during weeks they could not, helped sign families up for meals, and shared funding when needed. Impact:

- 14,151 meals served to children in Lebanon and Hartford (not including those distributed by Lebanon School District)
- 508 children in Lebanon and Hartford received meals
- 116 volunteers participated in distributing meals
- 1,389 volunteers hours

Education

Diversity, Equity & Inclusion

Hosted *Creating an Inclusive Workplace Culture* training for PHC Partners and launched an Anti-Racism Council to explore and address issues of racism our region.

Aging in Community Quarterly Forum

Hosted virtual meetings with community volunteer groups supporting older adults during the pandemic.

Childhood Lead Poisoning Prevention

Sponsored Renovate, Repair & Paint training for homeowners, contractors, and property managers to prevent childhood lead poisoning.

Promoting Collaboration

PHC Partner Meetings

Throughout the pandemic, PHC's regular partner meetings brought people together to get vital updates, share information, and celebrate the way our community has come together.

UV Strong

Served on UV Strong Committees relating to family supports, child care, and volunteers. Led multi-agency project to assess towns' needs and identify their pandemic response activities.



Free Community Flu Vaccine Clinics

This year, PHC redesigned our long-standing flu clinics to be COVID-19 friendly, drive-through clinics. The necessary changes required many new partners, creative thinking, and funding. We are so grateful to all who stepped up to make these clinics successful.

- 1,350 free flu shots
- 5 community drive-thru clinics (NH & VT)
- 99 Geisel School of Medicine volunteers
- 12 Dartmouth-Hitchcock Providers
- Volunteers from UV Medical Reserve Corps, Lebanon Rotary Club & PHC Board of Directors
- Vaccine donated by Dartmouth-Hitchcock
- Funding from Novo Nordisk & Lebanon Rotary Club

Advocacy

- Bi-State Advocacy Skills Training with New Futures & Bi-State Primary Care Association
- Launched Advocacy webpage highlighting PHC activities and online resources to promote individual action on policy issues.



Financial Information

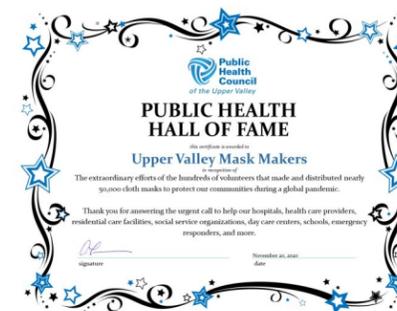
Statement of Activities for January 1 — December 31, 2020

INCOME

Donations	
Individual	\$4,017
Municipalities	\$27,106
Corporations	\$58,994
Foundations	\$57,000
State Program Grants	\$0
Federal Program Grants	\$0
Federal PPP Loan (Forgiven)	\$14,000
Other Income	\$145
Total Income	\$161,262

EXPENSES

Personnel	\$77,326
Professional Fees	\$6,990
Occupancy	\$4,200
Direct Program Expenses	\$28,985
Travel Expenses	\$587
Other Expenses	\$12,325
Total Expenses	\$130,413
Net Ordinary Income*	\$30,850



Public Health Hall of Fame Award to Upper Valley Mask Makers

On November 20, the PHC Board of Directors honored the Upper Valley Mask Makers for their extraordinary efforts. Hundreds of volunteers made and distributed nearly 50,000 cloth masks to protect our community during the pandemic.

Our Supporters

Individuals

Susan Almy
 Peter Hoyle Armstrong
 Roberta Berner
 Barbara Bickel
 Bill Boyle
 David & Ann Bradley
 Nicole Coleman
 Joan & Dan Collison
 Carolyn & Bob Cusick
 Stephen Darrow
 Marilyn & Bryant Denk
 Alice & David Ely
 Rudy Fedrizzi
 Dan Fraser
 Julia Griffin
 Laurie Harding & Peter Mason, In Honor of Alice Ely
 Sally & Dick Jaeger
 Dave & Marilyn Johnson
 Mardee Laumann
 Marjorie & James Matthews
 Judith & Robert McCarthy

Carolyn Murray & Joe Cravero
 Sharon & Richard Nordgren
 Rosemary Orgren
 Janet Proctor
 Athos Rassias
 Jennifer & Mark Schiffman
 Chuck & Jean Townsend
 Jim & Cindy Varnum
 Christopher R. Williams
 Karen Wolk

Towns

Bradford, VT
 Canaan, NH
 Corinth, VT
 Enfield, NH
 Grantham, NH
 Hanover, NH
 Hartford, VT
 Lyme, NH
 Norwich, VT
 Orange, NH
 Orford, NH

Piermont, NH
 Plainfield, NH
 Strafford, VT
 Thetford, VT
 Washington, VT
 Windsor, VT
 Woodstock, VT

Corporations

Church of Christ at Dartmouth College
 Dartmouth-Hitchcock
 Frasers General Store (Dan & Whit's)
 Lebanon Rotary Club
 Novo Nordisk

Foundations

Barrette Family Fund of the New Hampshire Charitable Foundation
 Couch Family Foundation
 Hypertherm HOPE Foundation
 Jack and Dorothy Byrne Foundation