

2019 Annual Report

Message from the Board of Directors

May 2020

2020 Board of Directors

Rudy Fedrizzi, *Chair*
Nicole Coleman, *Vice Chair*
Jen Barkley, *Treasurer*
Dan Fraser, *Secretary*
Roberta Berner
Matthew Cole
Julia Griffin



Rudy Fedrizzi, MD, Chair

“We’re all in this together!” Over the past several months, this has become a common refrain to acknowledge the collective response and shared sacrifices necessary to address the COVID-19 pandemic. Yet, I’ve come to realize this collaborative spirit and willingness to undertake cooperative action describes the Upper Valley and, in particular, the Public Health Council of the Upper Valley... and it long pre-dates our current coronavirus challenge. For years, dozens of partner organizations, guided by our capable Executive Director and an engaged board of directors, have helped set regional health priorities and worked to ensure coordination of health improvement efforts. In the following pages, you’ll read about our recent activities to strengthen families, reduce risky health behaviors, educate legislators, promote healthy aging, confront gaps in mental health services, address food insecurity, and prevent disease.

I can also tell you the PHC is currently engaged with Upper Valley Strong partners to assess the burden coronavirus places on our social safety net, and to develop immediate and long-term responses to aid our region’s recovery. I am afraid the next few years may be challenging to us all, but PHC will work hand-in-hand with our many partners to ensure we emerge from this crisis stronger and more resilient.

By working together, we can create a more healthy, safe, supportive, and vital Upper Valley. Our successes this past year should reassure everyone that, whether it is the current COVID-19 crisis or some future challenge to our collective health, the PHC is a trusted and solution-oriented convener that makes a positive difference to the lives of everyone in our region. To ensure the PHC remains stable during these uncertain times, please join me in making a donation to meet our 2020 fundraising goal.

Rudolph P. Fedrizzi

Healthier Communities Depend on You

As a friend of the PHC, you know how vital our work is to our local communities. We believe the financial support you provide is an endorsement of our ability to meet local needs — to do the work you value as a community.

Please join our dedicated staff, board members, friends, partners and local communities who invest in what they believe in.

Make your tax-deductible contribution by
check or via PayPal at:
uvpublichealth.org/about-phc

Collaboration. Education. Advocacy.



PHC works to understand community needs; builds a shared public health agenda among diverse partners; promotes collaborative solutions; and brings support to underserved areas.

Aligning Priorities with Community Health Needs

Throughout 2019, PHC partners set new strategies to address issues of greatest concern to our region:

- Mental Health Care
- Substance Misuse & Addiction
- Availability of Primary Care Services
- Support for Older Adults
- Gender Based Violence
- Strengthening Families

By working together more effectively, educating ourselves and our communities, and advocating for our residents and the services they need, we make our region healthier, safer, more supportive and vital.



Making lunches at White River School

Lebanon Lunch Friends & Hartford’s Take a Bite Out of Hunger Summer Meals Programs

- 5 days a week, 9 weeks
- Over 15,700 lunches to children in Lebanon & Hartford
- Lead Partner: Hartford Community Coalition
- 9 local funders & countless volunteers

Education

Racism of the Well-Intended

- A full day, in-depth look at the underlying racial tension that permeate our society today.
- 100 participants
- Sponsored by the Hypertherm HOPE Foundation

Cultural Competence with Disability

- Helping agencies become more accessible and inclusive of people with mobility, intellectual, and other disabilities.
- 30 participants
- Training provided by the NH Public Health and Disability Project

Promoting Collaboration

Town Welfare Officer Symposium

Launched bi-annual gathering to help towns more effectively support residents in need.

ALL Together

Our community resource for prevention, treatment, recovery and advocacy of substance misuse and suicide.

Upper Valley Adaptation Workgroup Member

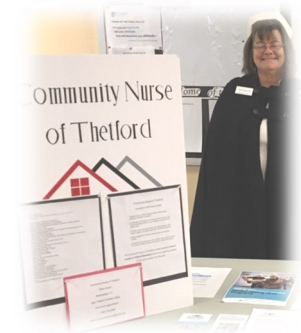
Building climate resilient communities through information sharing and education, including health impacts of climate change.

Region I Integrated Delivery Network Executive Committee

Improving outcomes for Medicaid participants by integrating primary care and behavioral health services.

Aging in Community Quarterly Forum

Host meeting for sharing, training, and exploring issues of mutual interest to community-based volunteer groups providing supports for older adults.



Free Community Flu Vaccine Clinics

- 1,260 free flu shots
- 5 community clinics
 - NH: Canaan, Enfield, Orford, Plainfield
 - VT: So. Royalton
- 43 Geisel School of Medicine volunteers
- 29 community volunteers
- Vaccine donated by Dartmouth-Hitchcock

Advocacy

Bi-State Legislative Breakfast

- Gathered state legislators and subject matter experts to discuss how public policy affects Upper Valley residents’ access to high quality, affordable, coordinated, and consistent services.
- Sponsored by Mascoma Bank and the Derek J. Cooper Memorial Fund



Financial Information

Statement of Activities for January 1 — December 31, 2019

INCOME		EXPENSES	
Donations		Personnel	\$74,383
Individual	\$4,449	Professional Fees	\$51,085
Municipalities	\$38,217	Occupancy	\$4,500
Corporations	\$66,295	Direct Program Expenses	\$33,548
Foundations	\$71,043	Distribution to UVCNP	\$78,051
State Program Grants	\$6,122	Travel Expenses	\$1,779
Federal Program Grants	\$0	Other Expenses	\$8,904
Other Income	\$520	Total Expenses	\$252,250
Total Income	\$186,646	Net Ordinary Income*	-\$65,604

* This loss reflects fund closure of \$78,051 in restricted Upper Valley Community Nursing Project assets paid out when it established non-profit status and ended our fiscal agency agreement. Net Income for PHC was \$12,447. PHC begins 2020 with Net Assets/Fund Balance of \$56,771. See 2019 IRS Form 990 EZ for details.



1st Public Health Hall of Fame Award to William E. Boyle, MD

On November 15, the Board of Directors and partners of the PHC honored Dr. Boyle for his many years of service to the children and families of the Upper Valley. He has also dedicated great effort to ensuring the next generations of physicians recognize the importance of meeting children and families in their own communities. Dr. Boyle retired from his role as Medical Director of the PHC at the end of 2019.

Our Supporters

Individuals Susan Almy Peter Hoyle Armstrong Bill Boyle Bill & Nancy Carter Margaret Caudill-Slosberg Matthew Cole Nicole Coleman Regina-Ann Cooper, for the Derek J. Cooper Memorial Fund Carolyn & Bob Cusick Stephen Darrow Alice & David Ely Rudy Fedrizzi Dan Fraser Julia Griffin Sally & Dick Jaeger Andrew & Victoria Jones Laurie Harding & Peter Mason Marjorie & James Matthews Robert Miller Nathan Miller Carolyn Murray & Joe Cravero Sharon & Richard Nordgren	Rosemary Orgren Janet Proctor Athos Rassias Rick & Linda Roesch Jennifer & Mark Schiffman Sheila Shulman Chuck & Jean Townsend Jim & Cindy Varnum Sadie Wells Christopher Williams	Piermont, NH Plainfield, NH Strafford, VT Thetford, VT Washington, VT Windsor, VT Woodstock, VT
	Towns Canaan, NH Chelsea, VT Corinth, VT Dorchester, NH Enfield, NH Grantham, NH Hanover, NH Lebanon, NH Lyme, NH Norwich, VT Orange, NH Orford, NH	Corporations Baker Distributing Corporation Dartmouth-Hitchcock Frasers General Store (Dan & Whit’s) Mascoma Bank Norwich Inn Novo Nordisk The Collaborative
		Foundations Barrette Family Fund of the New Hampshire Charitable Foundation Couch Family Foundation Hypertherm HOPE Foundation Jack and Dorothy Byrne Foundation The Crowell Family Foundation