

Annual Meeting of the Board of Directors



November 15, 2019

8:30 to 11:00 am

Hypertherm, 71 Heater Road, Lebanon, NH

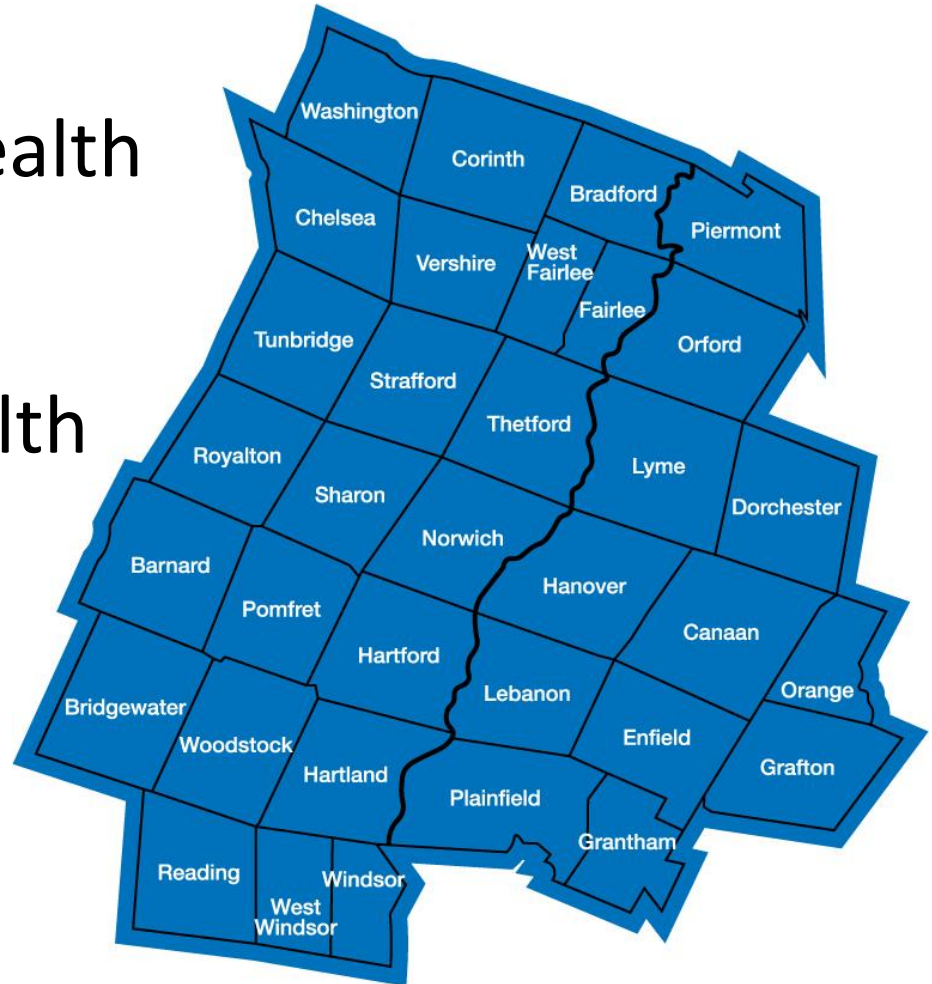
Annual Meeting of the Board of Directors



Executive Director's Annual Report

Our Mission

To improve the health of Upper Valley residents through shared public health initiatives and services within a network of community stakeholders.



Collaboration. Education. Advocacy.

Our People

- Partners
 - Mailing list of nearly 200 people
 - 40 Organizational Partners
- Advisory Council (*Strategic Planning Comm.*)
 - 15 Members across 15 Sectors
- Board of Directors



Our People

- Multi-Agency Staff Team
 - PHC
 - Volunteers, Fellows, & Interns (oh, my!): Valentina Sedlacek, Bryan Gustafson, Io Jones, Claire Thomas
 - More coming....
 - Dartmouth Hitchcock Community Health
 - Barbara Farnsworth, Angie LeDuc, Hilary Schuler, Bridget Aliaga, Steve Yannuzzi
 - Vermont Department of Health, WRJ
 - Rudy Fedrizzi, Wendy Walsh, Claudia Marieb, Jan Eberly, Heather Rigney

We Thank Our Contributors

- Major Donors (\$2,000 or more)
 - Barrette Family Fund of the NH Charitable Foundation
 - The Jack and Dorothy Byrne Foundation
 - Couch Family Foundation
 - Dartmouth-Hitchcock
 - Hypertherm HOPE Foundation
 - Mascoma Savings Bank Foundation
 - Novo Nordisk
- NH Department of Health and Human Services
- Many individual contributors....

And a growing list of contributing municipalities...

- New Hampshire towns of:

- | | | |
|--------------|-----------|--------------|
| – Canaan | – Hanover | – Orford |
| – Dorchester | – Lebanon | – Piermont |
| – Enfield | – Lyme | – Plainfield |
| – Grantham | – Orange | |

- Vermont Towns of:

- | | | |
|------------|-------------|--------------|
| – Chelsea | – Norwich | – Washington |
| – Corinth | – Strafford | – Windsor |
| – Hartford | – Thetford | – Woodstock |

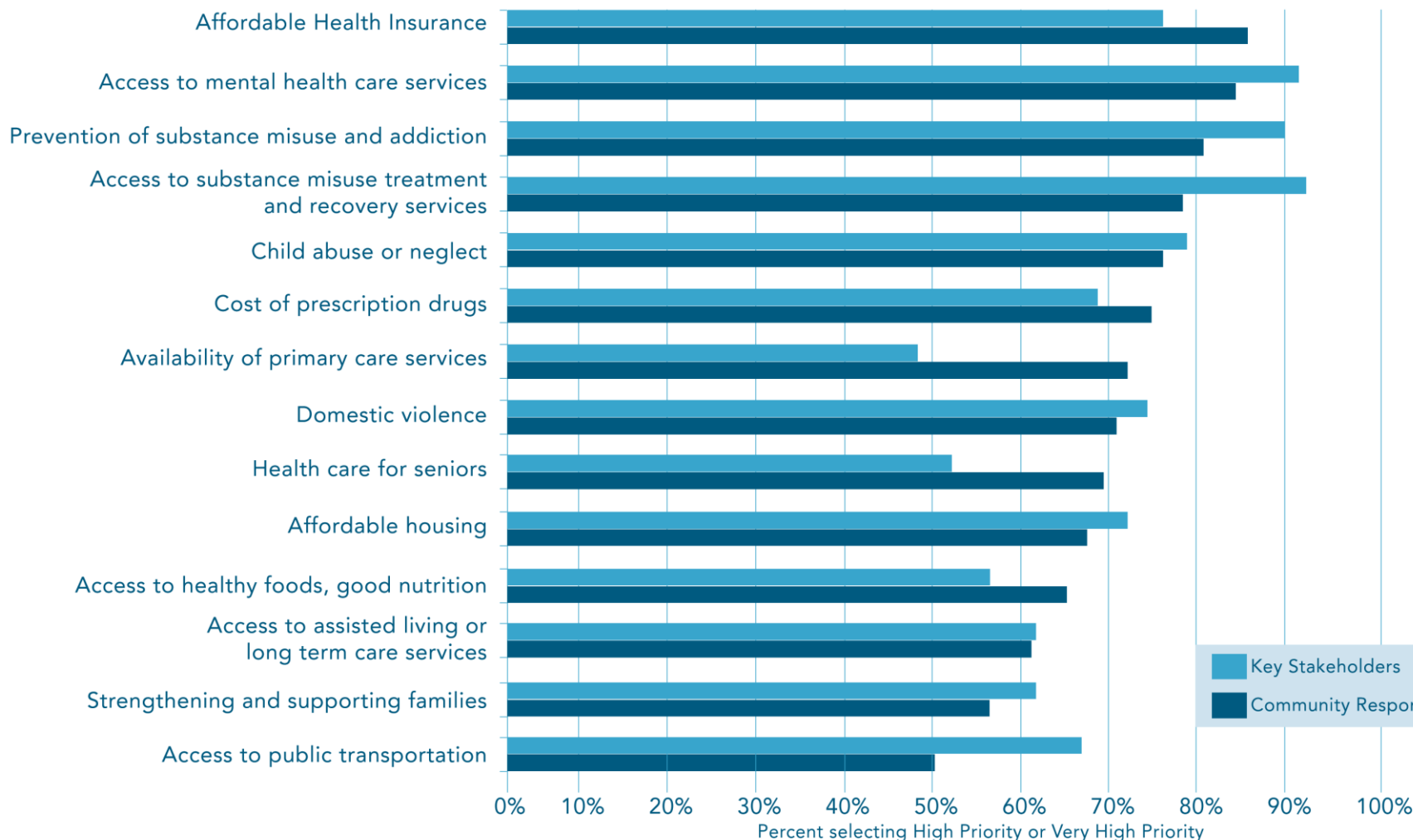
Exploring Priority Health Concerns

- Release of 2019 Community Health Needs Assessment
 - Two open community forums
 - PHC Partner Meetings
 - Participating with area hospitals on CHIP development
- Planned Release of PHC's CHIP by December 2019

FY2019 Community Health Needs Assessment

Community Health Improvement Priorities

Comparison of Community and Key Stakeholder Respondents



Access to Mental Health Care Services



Dartmouth-Hitchcock

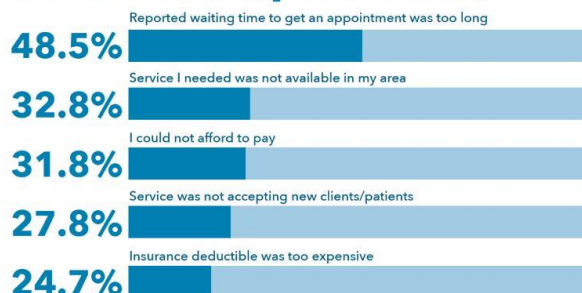
Both key stakeholders and community respondents named Access to Mental Health Care the **2nd highest priority** issue overall.

Community respondents under 45 years of age identified it as the **highest** priority.



38% indicated difficulty accessing mental health care.

Of these respondents,



Compared to 2015 Behavioral Health Needs Survey Findings...

2015 FINDINGS	TREND
"In the past 12 months, was there any time when you needed services for yourself but did not get them" (31.6%)	↓
TOP REASONS FOR NOT GETTING NEEDED MENTAL HEALTH SERVICES	
"Thought could handle problem without treatment" (32.6%)	N/A
"No openings could not get an appointment" (28.5%)	↑
"Health Insurance did not cover the service" (18.1%)	↑
TYPE OF NEEDED MENTAL HEALTH SERVICES	
Individual therapy or counseling (59.1%)	N/A
Medication/assistance with managing prescriptions (22.8%)	N/A
Both mental health and substance abuse services (co-occurring) (18.5%)	N/A



Key Stakeholder perspective

Of top underserved populations, people in need of mental health care ranked #1 (62%)

Mental Health Services & Supports

- Explored at August PHC Partner Meeting
- Accomplishments & Opportunities:
 - Tracy Street & Supportive Housing
 - WCBH & Bridges Housing Fund
 - Mobile Crisis Teams for NH
 - More peer support in EDs in VT
 - Expanding Police Social Worker Programs
 - Better referral networks
 - Listening Sessions
 - Addressing SDOH (food, dental care, etc.)

Substance Misuse and Addiction

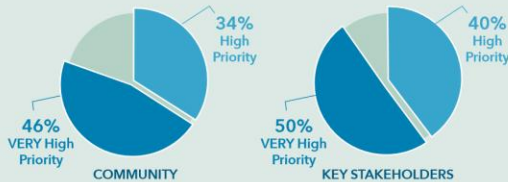


Dartmouth-Hitchcock

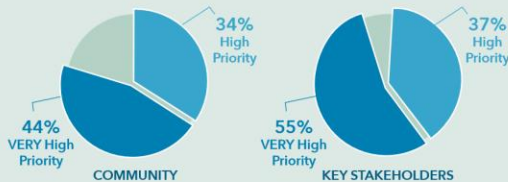
Prevention of substance misuse and addiction was ranked as the 3rd highest priority issue, identified by community survey and key stakeholders.

Access to substance misuse and recovery services was ranked as the 1st highest priority by key stakeholders, and the 4th highest priority by community respondents.

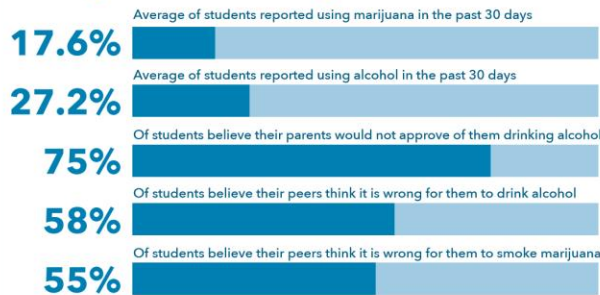
PREVENTION:



ACCESS:



According to the Youth Risk Behavior Survey 2017, in our region,



"Similar findings were observed for respondents indicating difficulty accessing substance use services where nearly half of respondents (46%) who did receive substance use services in the prior 12 months also indicated difficulty in getting services they needed. Among those respondents who did not access substance use services in the prior 12 months, about 5% reported a need for services that they did not get. [n= 557; Medicaid = 175]"

- Behavioral Health Needs Assessment 2016

"...12% indicated they had difficulty getting substance use services they needed including about 21% of Medicaid eligible respondents."

- Behavioral Health Needs Assessment 2016

"Reported reasons for substance use service access difficulties are similar with the top reasons being "I was not ready to stop using alcohol or drugs", "I thought I could handle the problem without treatment", and "There were no openings or I could not get an appointment".

- Behavioral Health Needs Assessment 2016

Compared to 2015...

The data isn't exactly comparable, but respondents continue to rank substance misuse as a high priority from 2015 to now.

% Ranked "Highest Priority"

Alcohol and Drug Misuse:
Ranked #6 out of 12 topics

Community = 34.5%
Key Stakeholders = 53.6%

Heroin & Misuse of Pain Meds:
Ranked #4 out of 12 topics

Community = 37.7%
Key Stakeholders = 55.1%



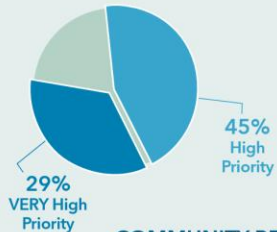
Substance Misuse & Addiction

- Accomplishments & Opportunities:
 - Building Out The Doorway
 - Marijuana Working Group
 - Recovery Coaching
 - Community Coalitions Raising Awareness
 - Addressing SDOH (food, dental care, etc.)
 - Transitional Housing for Moms in Recovery
 - Drug Free Communities Support Grants (2)

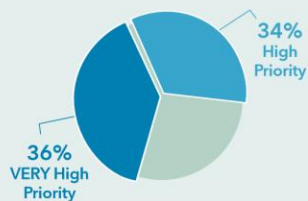
Domestic Violence

Domestic violence was ranked as the **8th highest priority** among community respondents and **6th highest priority** among key stakeholders, with more than **70%** of each group ranking this as a high or very high priority issue.

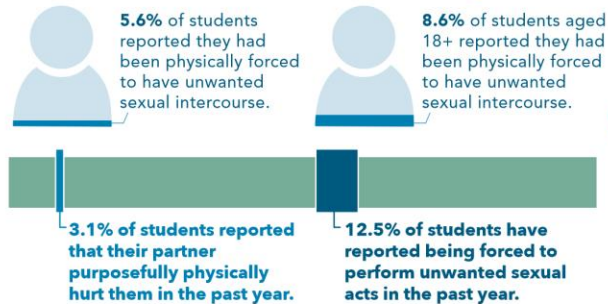
KEY STAKEHOLDERS:



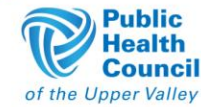
COMMUNITY RESPONDENTS:



According to the Upper Valley (NH) report of the 2017 Youth Risk Behavior Survey,



Vermont Network Against Domestic and Sexual Violence Vermont:



According to the NH Domestic Fatality Review Committee, 2014-2015 Biennial Report:

In 2014-2015, **27,233** people sought services for domestic violence, stalking and sexual assault from the state's 13 crisis centers.

The crisis centers report seeing increases in requests for shelter and transitional housing; hospital calls as the level of intensity in the violence has escalated; requests for accompaniment to court and requests for advocates at Child Advocacy Centers.

8,025 people filed domestic violence petitions at court

3,670 civil stalking petitions filed requesting protection from abuse

7,899 Criminal Bail Protective Orders issued



Gender-Based Violence

- Explored at September PHC Partner Meeting
- Accomplishments & Opportunities:
 - WISE & Prevention
 - WISE & Advocacy
 - Screening at all ages
 - Systemic barriers
 - Exploring how GBV affects access to health care & other services
 - Education for in-home care staff

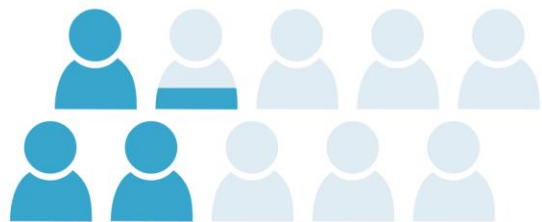
Availability of Primary Care Services



Dartmouth-Hitchcock

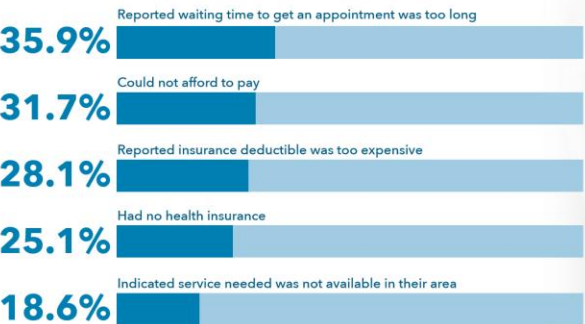
Availability of primary care services was ranked the 7th highest priority issue by community and key stakeholder responses.

2nd Highest Service Access Gap:



33% reported difficulty accessing primary care

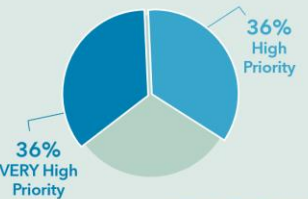
Of these respondents,



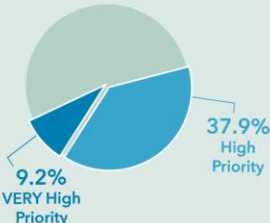
Compared to 2015 Community Health Needs Survey Findings...

2015 FINDINGS	TREND
Access to affordable health insurance/cost of prescription drugs ranked 3rd highest out of 10	↑
Access to primary health care ranked 9th highest out of 10	↑
35% percent of respondents indicated difficulty accessing primary care. Root causes (such as wait time, cost, distance) were not specified	→

COMMUNITY RESPONDENTS:



KEY STAKEHOLDERS:



Access to Primary Care

- Accomplishments & Opportunities
 - Dental Care
 - Moms in Recovery & Red Logan Dental Clinic
 - Mascoma Community Health Center & APD
 - Reducing ED visits for non-traumatic dental pain
 - Community Health Workers
 - Assessing & addressing SDOH barriers

Access to Vaccines



– School-based flu vaccines

- 1,770 vaccines in 20 different schools (32% of enrolled)
- Led by Upper Valley Public Health Emergency Preparedness with help from Greater Sullivan Public Health EP, Hanover FD, Lebanon FD, DHMC, Valley Regional Hospital, Lake Sunapee VNA and Upper Valley Medical Reserve Corps.

– Community-based adult flu clinics

- 5 clinics (Plainfield, Enfield, Canaan, Orford, South Royalton)
- 1,260 vaccines

– Hepatitis A Vaccine Clinics

- 192 people vaccinated over 11 clinics in NH
- Vermont counts unknown

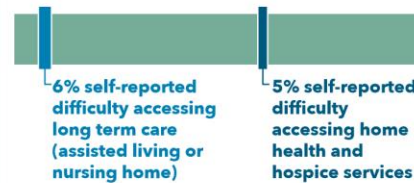
Healthcare for Seniors



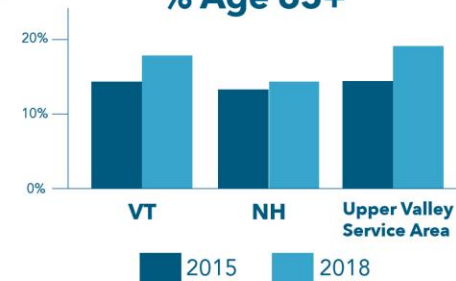
Dartmouth-Hitchcock

Healthcare for seniors was ranked as the 9th highest priority issue, identified by community survey and key stakeholders.

Service Access Difficulty



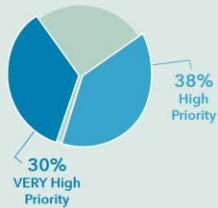
Population Demographics: % Age 65+



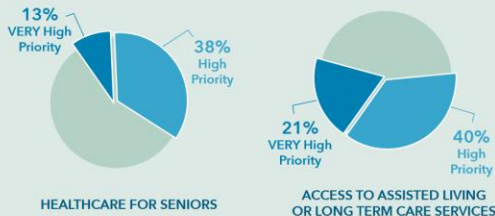
The population in the Upper Valley service area is aging.

Compared to 2015... Health care for seniors is identified as a **higher priority issue** in 2018 than it was in 2015.

COMMUNITY RESPONDENTS:



KEY STAKEHOLDER PERSPECTIVE:



34%

of all respondents in 2015 indicated healthcare for seniors as a focus area of health improvement (ranked 11th out of 12 issues), though among respondents aged 65 and older it was selected as the 2nd most pressing health issue.

5.6%

of respondents in 2015 self-reported difficulty accessing long term care.

Healthcare & Supports for Seniors

- Explored at October PHC Partner Meeting
- Accomplishments & Opportunities
 - Aging in Community Quarterly Forum
 - For Community-Based Volunteer Groups
 - UV Community Nursing Project
 - Housing Option Discussions for Older Adults

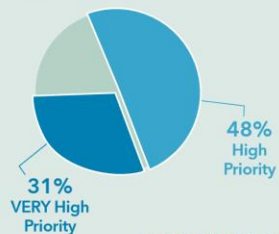
Child Abuse & Neglect



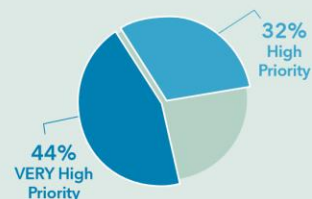
Dartmouth-Hitchcock

Child abuse and neglect was ranked as the **5th highest priority** among community respondents and **4th highest priority** among key stakeholders, with more than **75%** of each group ranking this as a high or very high priority issue.

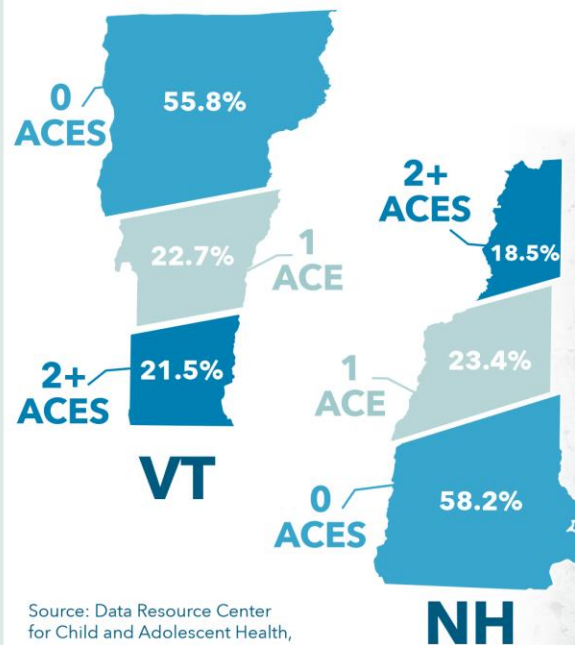
KEY STAKEHOLDERS:



COMMUNITY RESPONDENTS:



Has this child experienced one or more **Adverse Childhood Experiences (ACES)**?



Source: Data Resource Center for Child and Adolescent Health, www.childhealthdata.org/browse

"While children from any family can experience abuse and neglect, there is a strong correlation between child maltreatment and factors such as substance abuse, domestic violence, mental health, and financial insecurity."

- Source: How are Vermont's Young Children and Families? 2017 Report. Building Bright Futures, citing Vermont Agency of Human Services, Adoption and Foster Care Analysis and Reporting System, 2015 data.



Strengthening Families

- Explored at June PHC Partner Meeting
- Accomplishments & Opportunities
 - Trauma Informed Care Training
 - Couch Family Foundation Focus Area
 - Early Screening & Supports
 - The Family Place & TLC Family Resource Center
 - Biannual School Summit (Fall 2020)
 - Childhood Lead Poisoning Prevention

Access to Summer Meals

- 5 days/week for 9 weeks
- 8,600 lunches to Lebanon children
- 9,990 meals to Hartford children



Partners and Funders:

- APD, Twin Pines Housing Trust, Lebanon Housing Authority, Lebanon School District, Hartford Community Coalition
- APD, Listen, Couch Family Foundation, Hypertherm HOPE Foundation, Mascoma Bank Foundation, Novo Nordisk

Exploring Health Equity



Racism of the Well-Intended

- May 2019
- 100 participants
- Hypertherm HOPE Foundation

Cultural Competency with Disability Training

- February 2019
- 30 participants



Crossing Silos



Building a Public Policy Capacity



Public Health & Regional
Planning Commissions

Keys to the Upper Valley



Town Welfare & Town Service
Officers Symposium





What are we planning for 2020?

2020 Goals

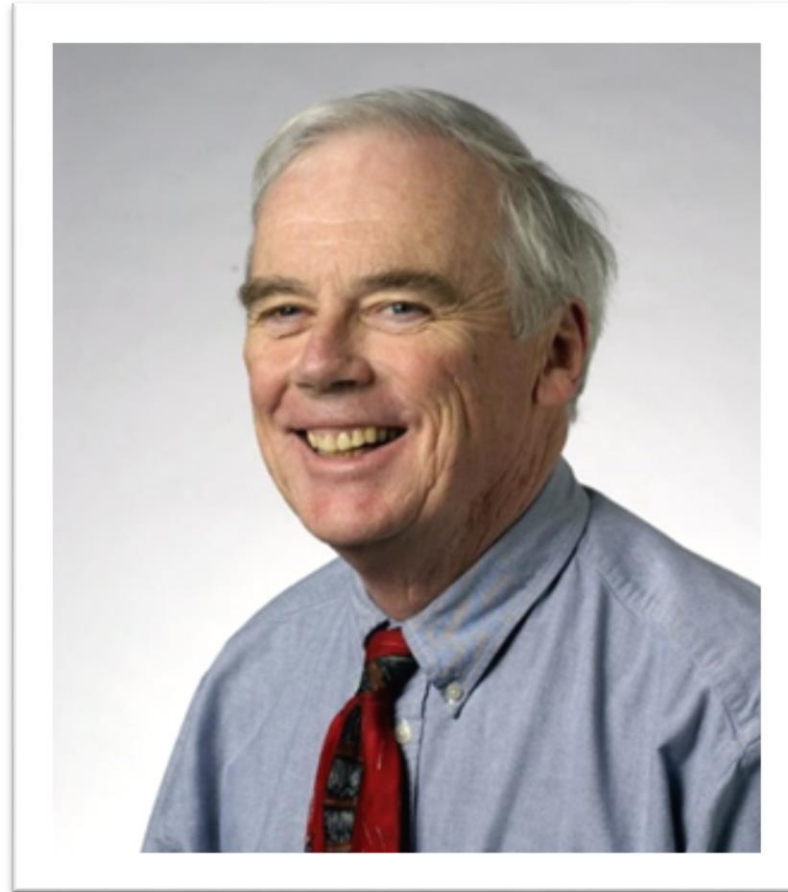
- Completing an Organizational Strategic Plan (2020 to 2023)
- Unveiling a new CHIP (2020 to 2022)
- Completing a Data Dashboard using Clear Impact

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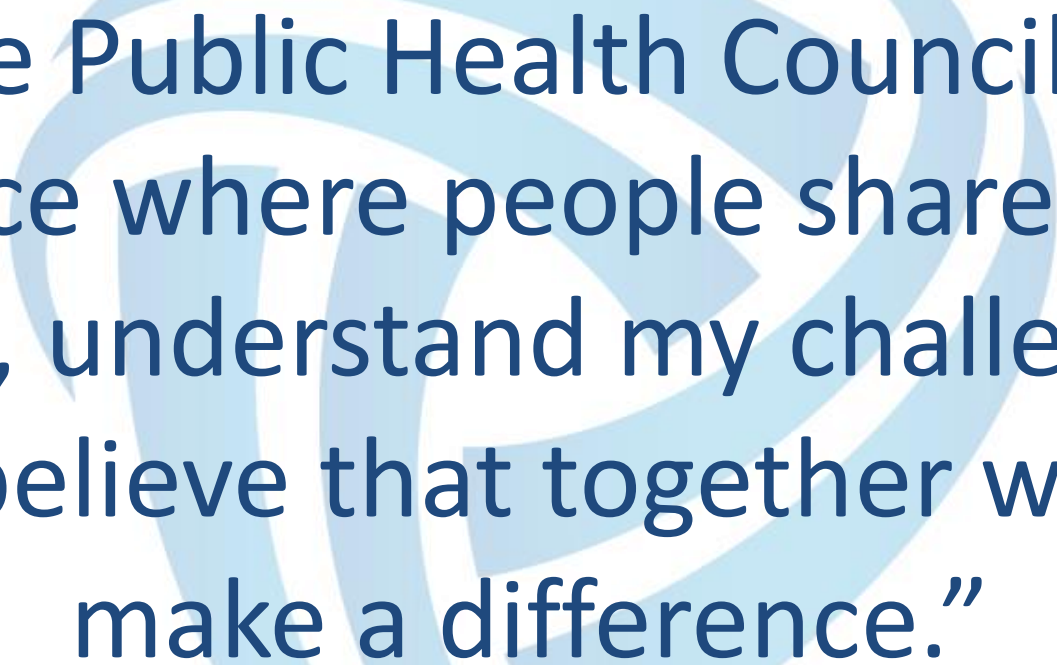


Business Meeting

The Public Health Hall of Fame Induction Ceremony







“The Public Health Council is a place where people share my goals, understand my challenges, and believe that together we can make a difference.”

Thank you for joining us on this snowy day!