

Meeting Notes

Introductions & Information Sharing (see list of attendees on last page):

- **Barbara Farnsworth** announces that Project ECHO training will be open for employers wishing to work with employees with behavioral health concerns. She will send information to Alice to share. The model includes virtual classroom learning.

Director's Update:

Alice provided brief update on the following:

- Legislative Breakfast Recap:
 - Well attended with good table conversations. Positive feedback.
 - Interest in pursuing legislation to allow VT residents on probation/parole to cross state lines for medical care. Other themes include reciprocity on licensing and certification for various provider categories, coordinating across state lines on Medicaid reimbursement rates, and other items.
- Gathering of Regional Planning Commission representatives and public health staff:
 - Discussed progress on Housing Needs Assessment and other opportunities to collaborate.
 - Lack of primary data sources on housing issues may require more discussion with partners.
- Summer Meals Program Wrap-Up: Provided over 16,000 meals in Hartford and Lebanon over 9 weeks. Many volunteer hours and a great deal of community funding support.
- Hosting Childhood Lead Poisoning Prevention Meeting on Friday, September 27th. Alice will send details with follow-up.
- Upcoming work includes:
 - Drafting the Community Health Improvement Plan
 - Flu vaccine clinics
 - Town planning requests

PHC Presentations and Work Session:

Understanding and Addressing Gender-Based Violence in the Upper Valley

Kate Rohdenburg, WISE

WISE is focused on gender-based violence, defined as experiences of trauma, stemming from gender or sexual violence that stem from and create power inequalities. Gender-based violence serves a purpose and benefits someone. We need to understand who that is and what the purpose is.

WISE offers a 15-hour Foundations Training that provides in-depth conversations on this issue. The next session starts on October 2nd and requires an application and interview.

General Points of Conversation:

- Prevention: What do I need to know so I can change my own behavior?
- Gender based violence: articulate the cause; harm perpetrated based on power inequalities.
- Power imbalance that someone is trying to maintain; stereotypes as powerful.
- Advocacy: People who have been disenfranchised; disallowed from gaining power from an abusive partner or broader cultural issues; trying to help someone access the power they need to live their lives.
- Public Health connection: impact of chronic stress on someone's health; women being afraid for their safety; being on alert all the time; ACES; experiences we have impact long-term health. ACES can be overcome by resiliency; for example, knowing that someone cares for them.

Partner Meeting

September 20, 2019, from 9:00 to 11:00 am

Hypertherm, 71 Heater Road, Lebanon

Legislative work relative to gender-based violence is tricky in NH; for example, resistance to firearms restrictions affects ability to protect someone from domestic violence threats.

- Who is “normative” in terms of health care? Much research and health-care practice models built on men and men’s bodies.
- How everyone has access to opportunities.
- Have we thought through needs of different types of people?
- Stop gender comparisons and stereotypes
- Biggest indicator for predicting sexual violence is having experienced it in the past

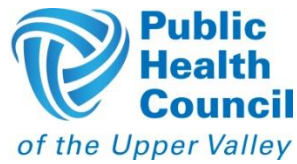


Why don't we want to talk about this?

- Worry of offending
- Stories can have implicit bias. In some instances, our opinions are formed by one story.
- Some people don't want to talk about sexual violence because the norms seem to have changed and there is fear of being accused. There is a difference between punishment and holding people/society accountable for a negative culture.
- Systemic conversation: Where are the places that we aren't seeing people showing up?
 - LGBTQIA
 - Barriers in our practice that we have control
 - Holistic thinking about structural, broad dynamics

Captured for CHIP Consideration:

- How do we start a conversation when we don't know about people's experiences?
- How does gender-based violence affect people's ability to access health care and other services?
- Stop feeding the stereotypes/push back (gender comparisons, women's bodies as insult).
- People don't have good information.
- Importance of language and inclusivity
- Screening @ all ages in primary care (acknowledge positive change in practice and training).
- Gender inequality and gender identity are different conversations.
- How do we reach out to populations (foreign-born / immigrant / LGBTQIA +)
 - WANN (Welcoming All Nationalities Network) works with WISE to provide legal support to non-native people experiencing gender-based violence, including trafficking.
- Service providers working directly with WISE or equivalent.
- Work with senior centers and older adult programs
- Education for in-home care staff
- Why are we treatment focused versus prevention focused?
- Integrating prevention in other social service settings
- Elder Justice Grant (at Senior Solutions and with other partners in VT)
 - Partners, strengths, weaknesses of partners, finding people who fall through the cracks,
- Individual interventions are only part of the work; we must address socialization/systemic change.
- Ask people about their experience. Ask how they get their needs met instead of just a prescribed solution.
- Incorporation into IEPs?
- Bullying prevention



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Meeting Attendees (September 20, 2019)

Bridget Aliaga, DHMC All Together & Open Doorways

Pedro Altagracia, New Futures

Jeannette Birge, Waypoint

Alice Ely, PHC

Barbara Farnsworth, Dartmouth-Hitchcock

Laurie Harding, UV Community Nursing Project

Jen Hobbs, Twin Pines Housing

Cassy Hoyt, Better Life Partner

Angie LeDuc, Dartmouth-Hitchcock

Lindsey LeFond, New London Hospital

Peter Mason, Region 1 IDN

Dana Michalovic, Good Neighbor Health Clinic

Kaelea Monahan, DHMC

Jeana Newbern, Lake Sunapee VNA

Roger Osmun, WCBH

Kate Rohdenburg, WISE

Hilary Schuler, DHMC

Arthur Smith, Senior Solutions

Liz Swanton, APDMH

Claire Thomas, PHC Fellow, Dartmouth College

Courtney Vorachak, DHMC