

2018 Annual Report

Message from the Board of Directors

May 2019



"We don't make the products you buy. We make the products you buy better." That familiar slogan from years ago describes the Public Health Council's work today. The PHC helps make the work we all do to improve the health and wellbeing of people in our region better.

This past year, over 2,100 community members responded to a new Community Health Needs Assessment led by area hospitals. This effort gave us a lot of great information to identify priorities and explore next steps with our partners. Together we will draft a Community Health Improvement Plan by the end of 2019 with specific goals and strategies to address these new health priorities. I urge you to stay in touch with Alice Ely to learn how you can be involved with this work.

Julia Griffin, Chair

Over the past year, we also deepened our relationship with school districts across the region, continued to build support systems for older adults, and launched a networking forum for Town Welfare Officers, who help some of the most vulnerable members of our communities. We were also thrilled to again participate in two programs providing summer meals to food-insecure children.

We are fortunate to have so many Advisory Council members to guide us, community advocates to keep us focused, and organizational partners to do the work. Please join me in supporting the PHC in 2019.

A handwritten signature in blue ink, which appears to read "Julia N. Griffin".

Collaboration. Education. Advocacy.



PHC works to understand community needs; builds a shared public health agenda among diverse partners; promotes collaborative solutions; and brings support to underserved areas.

Free Community Flu Clinics

- 1,190 free flu shots given
- 4 community clinics
 - Plainfield, NH
 - Enfield, NH
 - Canaan, NH
 - Orford, NH
 - So. Royalton, VT
- 30 Geisel School of Medicine student volunteers
- 22 community volunteers
- Vaccine donated by Dartmouth-Hitchcock



Upper Valley Oral Health Working Group

- Building collaboration among oral health safety net providers
- Planning a pilot project to reduce non-traumatic dental pain visits to Emergency Departments
- Bringing oral health screening to vulnerable populations.

Mental Health First Aid for Older Adults

- Hosted training for Aging in Community volunteer groups, Community Nurses & others working with older adults.
- 29 attendees
- Sponsored by Mascoma Bank

Upper Valley Community Nursing Project

Serving as fiscal sponsor for UVCNP, which promotes regional community and parish home nursing programs with technical assistance, training, and clinical consultation.

Aging in Community Quarterly Forum

Meeting of community-based volunteer groups providing supports for older adults in their communities. Provides opportunity for sharing, training, and exploring issues of mutual interest.

Upper Valley Adaptation Workgroup

Building climate resilient communities through information sharing and education, including health impacts of climate change.

2nd Biennial School Summit

- To connect schools with resources to meet the needs of students & families.
- 14 Schools/Districts
- 20 School Representatives
- 26 Provider Organizations
- Workshops included: Mental Health Care, Substance Use Disorders, Working with Child Protection, Supporting Basic Needs, and Stress Management.



Lebanon Lunch Friends & Hartford's Take a Bite Out of Hunger Summer Meals Programs

- 5 days a week for 9 weeks
- Over 7,500 lunches to Lebanon children
- Over 10,600 lunches to children & adults in Hartford
- 6 local funders & countless volunteers

Region I Integrated Delivery Network Executive Committee

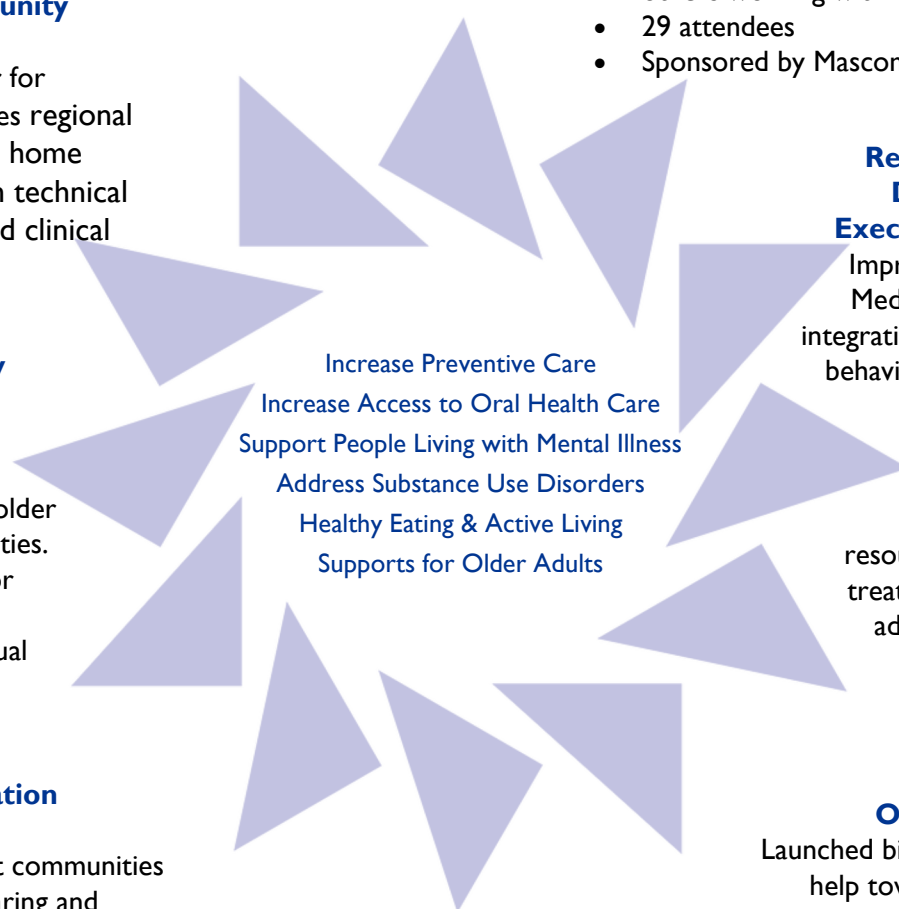
Improving outcomes for Medicaid participants by integrating primary care and behavioral health services.

ALL Together

Our community resource for prevention, treatment, recovery and advocacy of substance misuse and suicide.

Town Welfare Officer Symposium

Launched bi-annual gathering to help towns more effectively support residents in need.



Increase Preventive Care
Increase Access to Oral Health Care
Support People Living with Mental Illness
Address Substance Use Disorders
Healthy Eating & Active Living
Supports for Older Adults

Financial Information

Statement of Activities for January 1 — December 31, 2018

INCOME

Donations

Individual	\$4,766
Municipalities	\$23,463
Corporations	\$77,724
Foundations	\$74,360

State Program Grants

\$16,714

Federal Program Grants

\$0

Other Income

\$247

Total Income

\$197,274

EXPENSES

Personnel	\$73,001
Professional Fees	\$74,691
Occupancy	\$4,300
Direct Program Expenses	\$44,784
Travel Expenses	\$4,573
Other Expenses	\$6,472

Total Expenses

\$207,821

Net Ordinary Income

-\$10,547



"The Public Health Council gave us providers a chance to build new relationships with school leaders. It was important to hear directly the challenges schools face and the areas where we can come together to find solutions."

— Summit Provider Participant

Our Supporters

Individuals

Susan Almy
Peter Hoyle Armstrong
Bill Boyle
Ann & David Bradley
Bill & Nancy Carter
Margaret Caudill-Slosberg
Joan & Dan Collison
Carolyn & Bob Cusick
Pat & Bob Danielson
Stephen Darrow
Marilyn & Bryant Denk
Alice & David Ely
Dan Fraser
Sally & Jaeger
Julia Griffin
Laurie Harding & Peter Mason, In Memory
of Dr. Dennis McCullough on the
anniversary of his death, June 3, 2016
Bob Kingman
Nicole LaBombard
Ann (Mardee) Laumann
Nancy Loomis
Marjorie & James Matthews

Nathan Miller

Carolyn Murray & Joe Cravero
Rosemary Orgren
Laurent & Irina Perreard
Jennifer & Mark Schiffman
Chuck & Jean Townsend
Jim & Cindy Varnum
Sadie Wells
Christopher Williams

Towns

Canaan, NH
Chelsea, VT
Dorchester, NH
Enfield, NH
Grantham, NH
Hanover, NH
Lyme, NH
Norwich, VT
Orange, NH
Orford, NH
Plainfield, NH
Strafford, VT
Washington, VT

Corporations

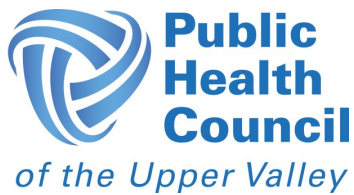
Dartmouth-Hitchcock
Fraser's General Store (Dan & Whit's)
Hanover Consumer Cooperative Society,
Inc., Pennies for Change
Mascoma Bank
MTD Property Maintenance
The Collaborative

Foundations

Barrette Family Fund of the New Hampshire
Charitable Foundation
Couch Family Foundation
Hypertherm HOPE Foundation
Jack and Dorothy Byrne Foundation
Mascoma Bank Foundation
Tufts Health Plan Foundation,
Momentum Fund

Donor Advised Funds

Vanguard — Anonymous Donor



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2019 Board of Directors

Julia Griffin, *Chair*
Rosemary Orgren, *Vice Chair*
Bob Kingman, *Treasurer*
Dan Fraser, *Secretary*
Matthew Cole
Nicole LaBombard
Sadie Wells



Healthier Communities Depend on You

As a friend of the PHC, you know how vital our work is to our local communities. We believe the financial support you provide is an endorsement of our ability to meet local needs — to do the work you value as a community.

Please join our dedicated staff, board members, friends, partners and local communities who invest in what they believe in.

Make your tax-deductible contribution by
check or via PayPal at:
uvpublichealth.org/about-phc