

**Annual Meeting of  
the Board of Directors**

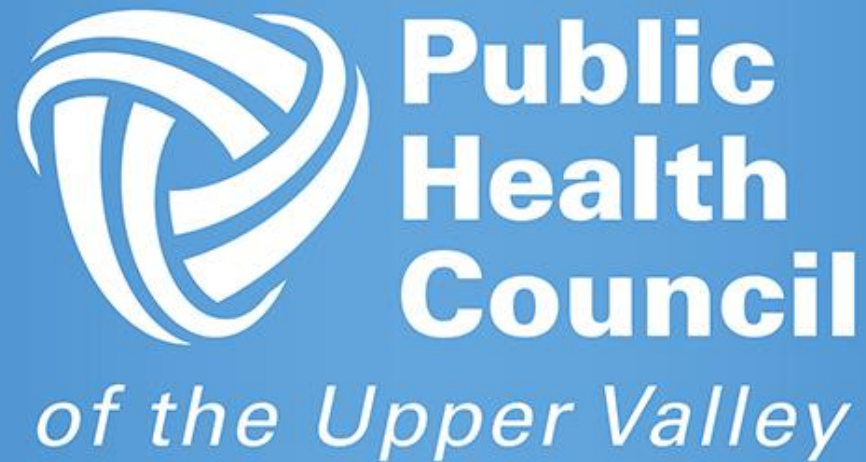


January 20, 2017

8:30 to 11:00 am

Hypertherm, 71 Heater Road, Lebanon, NH

**Annual Meeting of  
the Board of Directors**



**Executive Director's  
Annual Report of Programs**

# Major Accomplishments

- Established new working groups
- Merged MVHI and the PHC
- Expanded our region to better reflect how our communities work
- Partners collaborated
- Advanced our priorities
- Developed a more unified voice for public health in the region

# Working Groups

- Well Established Groups:
  - All Together
  - RCC for Emergency Preparedness
- Groups PHC Affiliates with:
  - Special Needs Alliance
  - Upper Valley Adaptation Workgroup
- Newer Working Groups:
  - Oral Health Working Group
  - HEAL Working Group
  - Aging in Community Working Groups
    - Aging in Community Forum



# Merged MVHI and PHC

For Immediate Release -- October 19, 2016

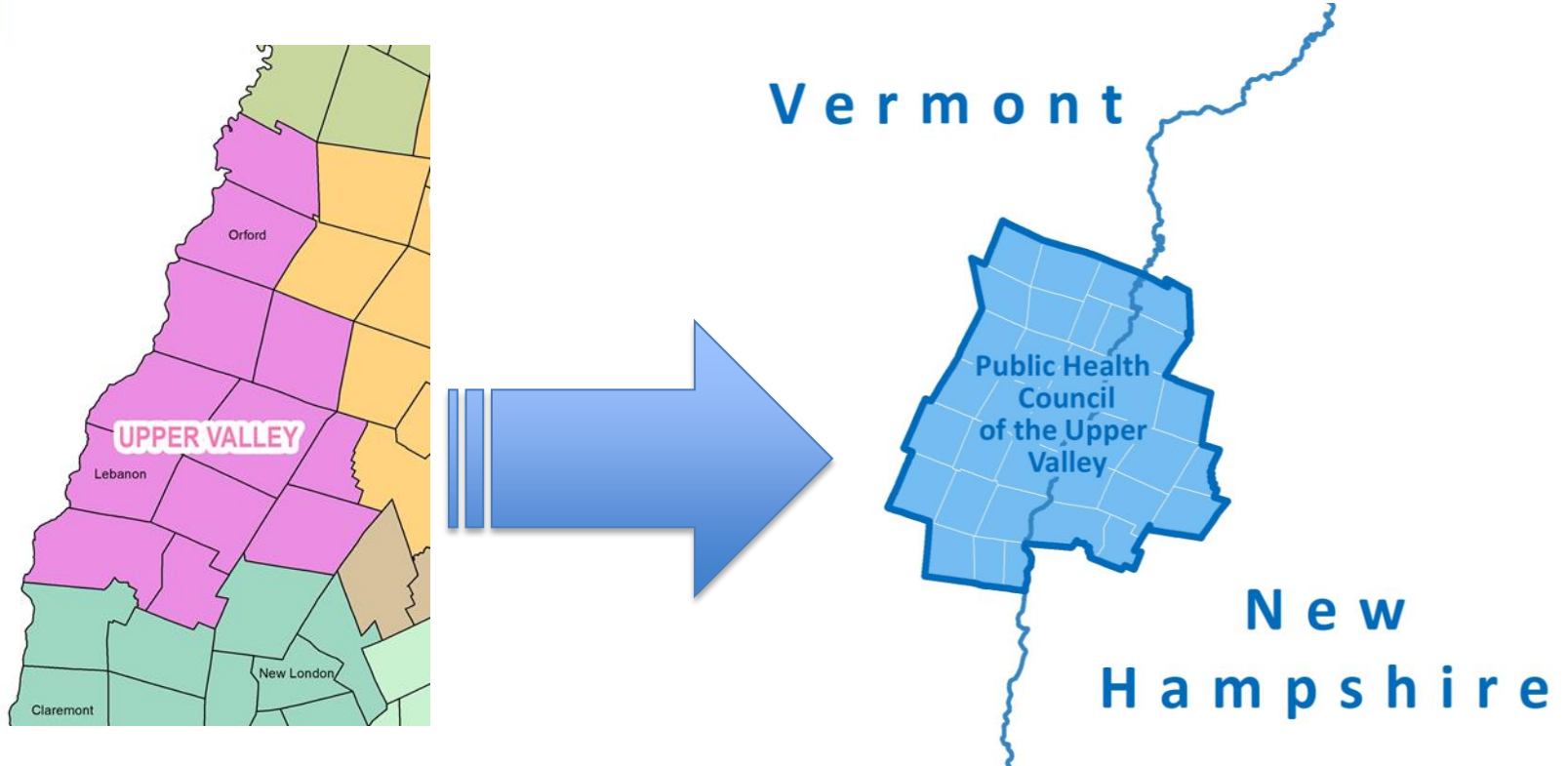
## **MVHI Now Part of the Public Health Council of the Upper Valley**

Lebanon, NH -- On October 19, 2016, the Mascoma Valley Health Initiative (MVHI) became part of the Public Health Council of the Upper Valley. “This change makes the organization stronger and will help us fulfill our mission of making Upper Valley communities better and healthier places to live,” said Alice Ely, who now becomes the Executive Director of the Public Health Council, served as the Executive Director of MVHI and the Coordinator of the Public Health Council for the past six years.



**Public Health Council**  
of the  
Upper Valley

# Expanded Our Region



# Partners Collaborated

- All Together, Twin Pines Housing Trust & Second Growth
  - Supportive Housing
- Special Needs Alliance & Emergency Preparedness
  - Emergency Kits
- Dartmouth-Hitchcock, Geisel School of Medicine, Mandelas, PHC
  - Community Flu Clinics
- Other Examples.....

# Advanced Our Priorities

## Healthy Community

- Improve oral health
- Decrease substance misuse
- Reduce obesity and related illness
- Decrease heart disease
- Increase cancer prevention
- Increase preventative care and access to care

## Safe Community

- Reduce preventable injuries
- Improve community conditions for elders
- Decrease incidents of sexual assault and relationship violence
- Reduce violent crime
- Ensure preparedness for public health emergencies

## Supportive Community

- Reduce adverse childhood experiences
- Increase supports for aging in community
- Ensure access to behavioral health and substance abuse services
- Increase caring response to people with behavioral health and substance abuse concerns

## Vital Community

- Increase number of people in living-wage, full time jobs
- Increase access to affordable and safe housing
- Increase transportation options connecting people to jobs, shopping, and services
- Increase social capital



# Advanced Our Priorities

- Increase preventative care and access to care
  - School-based flu vaccines
    - 5<sup>th</sup> year in a row, Upper Valley delivered more vaccinations than any other region in NH
    - 1,496 vaccines in 17 different schools (28% of enrolled)
    - Led by Emergency Preparedness with help from DH, APD, Lebanon Fire Department, Hanover Fire Department, UV MRC, Mandelas
  - Community-based adult flu clinics
    - 4 clinics (Plainfield, Enfield, Canaan, Orford)
    - 836 vaccines
    - A partnership between PHC Board of Directors, DH, Geisel, and Mandelas

# Advanced Our Priorities

- Increase caring response to people with behavioral health and substance abuse concerns
  - Crisis Intervention Team Training
    - Four sessions between Nov '15 and Oct '16
    - Trained:
      - 14 Patrol Officers            1 Major
      - 5 Dispatchers                1 Chaplain
      - 2 Sergeants                    1 Police Social Worker
      - 1 Detective                    1 Corrections Officer
    - Partners included Lebanon PD, Hartford, PD, Hanover PD, DH & many regional organizations.
  - Mental Health First Aid
    - 9 Mental Health First Aid classes in 2015 & 2016
    - 3 Youth Mental Health First Aid classes
    - 275 people trained
    - Led by West Central Behavioral Health

# Advanced Our Priorities

- Ensure preparedness for public health emergencies
  - Climate+Health Adaptation Plan
  - Climate Change Impacts to Health Community Forum
    - Over 60 participants from around the region
    - Sponsored by UVAW and PHC
  - Heat and Older Adults Pilot Project
    - Trained 4 people, 3 organizations, they trained another 26 people
    - 156 Contacts, 29 Follow Ups, 129 at Senior Lunches
    - Involved PHC, Plainfield, UVAS, GCSCC



# Made Progress on Priorities

- Improve oral health
  - Upper Valley Smiles Program
    - 10 elementary schools (K-6)
    - 2,484 students received classroom-based oral health education
    - 397 dental screenings
    - 343 fluoride varnish applications
    - 2,554 teeth sealed
    - 176 Interim Therapeutic Restorations (NH only)
    - New in 2016: preschoolers invited, Silver Diamine Fluoride, Cornish
    - Sponsored by APD
  - OHF Smiles Program
    - Community-based adult screening and referral program
    - 127 adults served, since July 2015
    - Large % connected to dental home
    - Sponsored by Ottauquechee Health Foundation



# Made Progress on Priorities

- Decrease substance misuse
  - All Together
    - Regional Collaboration
      - 16 meetings with 134 attendees with average of 8 per meeting
      - Continuum of Care Networking Luncheons
    - Community Coalition Development
      - Supported 3 coalitions
      - 5 community forums with 233 attendees
      - Sponsored 99 community members to attend 6 trainings
    - Assessment
      - Surveyed 634 residents
      - 8 key stakeholder interviews
      - Helped one community survey 471 high school students about stress
    - Implementation
      - 3 radio campaigns (1,408 spots reached over 30,000 people)
      - Gave out 125 lock boxes
      - Disseminated 7,000 resource materials



# More Unified Voice

- Community Engaged Research Advisory Board (Dartmouth SYNERGY)
- Health Promotion Research Center at Dartmouth Advisory Board
- Region 1 Integrated Delivery Network Executive Committee
- AAMC Approach to Community Health and Health Equity for Academic Medical Centers
- Other Examples.....

# We Thank Our Contributors

- The Jack and Dorothy Byrne Foundation
- Dartmouth-Hitchcock
- New Hampshire towns of Canaan, Dorchester, Enfield, Grantham, Hanover, Lyme, Orange, Orford, Piermont, and Plainfield
- Corporate Donors:
  - Hypertherm HOPE Foundation, Grappone Automotive Group, NH Charitable Foundation & more
- NH Department of Health and Human Services
- Hanover Coop Pennies for Change Program
- Many individual contributors....

“The Public Health Council is a place where people share my goals, understand my challenges, and believe that together we can make a difference.”



**Public  
Health  
Council**

*of the Upper Valley*