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PUBLIC HEALTH COUNCIL OF THE UPPER VALLEY

One Court Street #378, Lebanon, NH 03766 603-523-7100 www.uvpublichealth.org

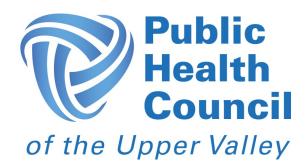
"In a lot of ways, I view the PHC as miraculous. It gives volunteer-based organizations the strength to make crucial changes to entire communities that we could never attempt alone." — Marjorie Matthews, NAMI NH Volunteer Advocate, Teacher, and Support Group Facilitator

Help Us Make Our Communities Healthier

As a friend of PHC, you know how vital our work is to our local communities. In 2016, the PHC developed new partnerships to advance our mission with no federal or state funding. We believe the support you and others provide is an endorsement of our ability to meet local needs — to do the work you value as a community.

Please join our dedicated staff, Board members, partners and other local contributors who invest in what they believe in.

Please consider making a tax-deductible contribution by check or online at www.uvpublichealth.org/about-phc.



2016 Annual Report

"The Public Health Council gets us all rowing in the same direction to improve community health." Suellen Griffin, West Central Behavioral Health and Public Health Council Advisory Council member



Rowing together to benefit West Central Behavioral Health, a Public Health Council Partner.

Message from the Board of Directors Julia Griffin, Chair



2016 was a momentous year for our organization. Thanks to the efforts of our capable Board members and the Public Health Council's Executive Team, we completed a merger of MVHI and the Public Health Council in October. On behalf of PHC's

Board of Directors, I am proud that we are able to bring together leaders in public health, community organizations, and health care providers to forge solutions that require a broad and diverse coalition. I so often hear about the need for coordination among the wonderful services we have in our region and the PHC is doing a great job of filling this role. We are starting to row together. We have more exciting collaborative projects on the horizon for 2017 and look forward to sharing these stories with you in the coming months.

Throughout 2016, the PHC built working groups to focus on such regional needs as substance misuse, mental illness, and oral health problems. We have also been part of numerous efforts to build supports for adults choosing to age in their communities.

The PHC continues to operate primarily on local support. We are proud our community supports our work because it is our communities' needs that drive our priorities.

Please join me in supporting the PHC's work in 2017. Together we can build a more healthy, safe, supportive, and vital region.



The Power of Collaboration

Examples of Our Impact

Substance Misuse

 Partnered with multiple local organizations to launch supportive housing for pregnant and parenting women in recovery.

Mental Health

 Partnered with several regional law enforcement agencies to promote and support four Crisis Intervention Team trainings with over 26 participants.

Oral Health

 Brought together partners to increase the availability of oral health screening and treatment for adults and children with little or no dental insurance.

Immunization

 Immunized over 800 residents with seasonal flu vaccine at 4 free vaccine clinics hosted with Dartmouth-Hitchcock and students from the Geisel School of Medicine at Dartmouth, Clinics held in Canaan, Enfield, Orford, and Plainfield.

Health and Climate Change

 Worked with the Upper Valley Adaptation Workgroup to host a community forum on the health impacts of climate change and coordinated an education campaign to reduce heat-related illness in older adults.

For more project information, please explore our work at www.uvpublichealth.org.



In 2016, MVHI merged to become PHC and expanded our region to include 22 Vermont towns along with the 12 New Hampshire towns we have served for years.

Financial Information

2016 Statement of Activities

Other Expenses

Total Expenses

Net Ordinary Income*

INCOME

Donations	
Individual	\$5,409
Municipalities	\$13,130
Corporations	\$51,420
Foundations	
Unrestricted	\$40,200
Program Support	\$15,500
State Program Grants	\$0
Federal Program Grants	\$0
Other Income	\$96
Total Income	\$125,755
EXPENSES	
Personnel	\$59,358
Professional Fees	\$1,752
Occupancy	\$4,500
Direct Program Expenses	\$40,294
Travel Expenses	\$1,335

\$4.679

\$111.918

\$13.837



In September 2016, Stephanie Schell and Plainfield's Caring Neighbors helped with one of four PHC flu clinics, along with Drs. Bill Boyle, Peter Mason, Joe O'Donnell, and Geisel Medical School students.

^{*}Committed to ongoing program support in 2017.