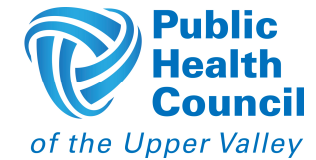




Upper Valley Agenda for Public Health, December 2014

Healthy Community Objectives



What We Want (Goals)	Indicator ¹	Regional Estimate (=UV PHN region except where noted)	NH State Comparison	Sources / Notes
Improve Oral Health	% of 3rd grade students in school dental programs w/untreated decay	11.7% (Grafton County)	8.2%	2013-2014 Healthy Smiles, Health Growth Survey for 3rd grade students served by school-based programs
	% of adults without a dental visit in the past 2 years	9.9%	18.3%	2012 NH Behavioral Risk Factor Surveillance System (BRFSS)
Decrease Substance Misuse	% of high school aged youth who report using alcohol in the past 30 days	32.7%	32.9%	2013 NH State and Local Youth Risk Behavior Survey (YRBS)
	% of high school aged youth who report bingeing on alcohol in the past 30 days	18.0%	17.3%	2013 NH State and Local YRBS

¹ Category 1 (How will we know?): Indicators of the Health of the Population / Health Outcomes are displayed in normal font.

Category 2 Indicators (Do the places we live, learn, work, and play make it easy to be healthy?): Indicators of the capacity or quality of services, supports or environmental conditions that can affect health are displayed in italics.

Rates / Percentages displayed in bold font indicate the estimate is significantly different than the state comparison.

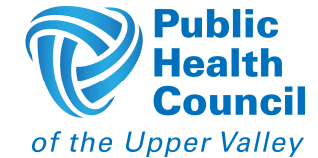
What We Want (Goals)	Indicator	Regional Estimate (=UV PHN region except where noted)	NH State Comparison	Sources / Notes
Decrease Substance Misuse (continued)	% of adults who report bingeing on alcohol in the past 30 days	17.4%	17.3%	2012 NH BRFSS
	% of high school aged youth who report smoking cigarettes in the past 30 days	8.0%	13.8%	2013 NH State and Local YRBS
	% of adults who report current tobacco smoking	14.9%	16.9%	2012 NH BRFSS
	% of high school aged youth who report using marijuana in the past 30 days	22.5%	24.4%	2013 NH State and Local YRBS
	% of high school aged youth who report using prescription drugs in the past 30 days without a doctor's prescription	6.2%	7.6%	2013 NH State and Local YRBS
Reduce Obesity & Related Illness	% of 3rd grade students considered overweight or obese	31.1% (Grafton County)	28.0%	2013-2014 Healthy Smiles, Health Growth Survey for 3rd grade students
	% of adults who are overweight or obese (BMI > 25)	63.1%	62.4%	2012 NH BRFSS
	% of households with food insecurity (access to food limited by income)	10.4% (Grafton County)	10.9%	USDA and Census Bureau, Current Pop. Survey given at county level at feedingamerica.org; 2009-2012

What We Want (Goals)	Indicator	Regional Estimate (=UV PHN region except where noted)	NH State Comparison	Sources / Notes
Reduce Obesity & Related Illness (continued)	% of Households Receiving Supplemental Nutrition Assistance Program (SNAP) Benefits	4.3%	7.3%	American Community Survey 5 year estimate, 2008-2012
	% of adults who have ever been told they have diabetes	7.7%	9.5%	2012 NH BRFSS
Decrease Heart Disease	% of adults who have had their cholesterol checked within the past 5 years	73.1%	81.0%	2011 NH BRFSS
	% of adults who have ever been told by a health provider that they have high blood pressure	26.3%	30.7%	2011 NH BRFSS
Increase Cancer Prevention	% of women age 40 and over who have had a mammogram within the past 2 years	75.0%	79.7%	2012 NH BRFSS
	% of adults age 50 and over who have ever had a sigmoidoscopy or colonoscopy	83.7%	77.4%	2012 NH BRFSS
Increase Preventive Care and Access to Care	% of adults who had flu shot or spray in last 12 months	49.7%	39.9%	2012 NH BRFSS
	% pf adults with any health care coverage	91.5%	87.5%	2012 NH BRFSS

What We Want (Goals)	Indicator	Regional Estimate (=UV PHN region except where noted)	NH State Comparison	Sources / Notes
Increase Preventive Care and Access to Care (continued)	<i>% of adults who could not see a doctor because of cost in the past year</i>	10.8%	12.9%	2012 NH BRFSS
	% of adults who do not have a personal doctor or health care provider	13.0%	12.5%	2012 NH BRFSS
	<i>Rate of Emergency Department Visits and Observation Stays for Diabetes Care (per 100,000 people)</i>	37.1	150.2	NH Health WRQS 2008-2009. This measure can be an indicator of limited access to primary care.



Upper Valley Agenda for Public Health Safe Community Objectives



What We Want (Goals)	Indicator ²	Regional Estimate (=UV PHN region except where noted)	NH State Comparison	Sources / Notes
Reduce Preventable Injuries	Rate of Emergency Department Visits and Observation Stays for Injury Due to Motor Vehicle Accidents (per 100,000 people)	319.5	768.0	NH Health WRQS 2008-2009
	<i>% of high school aged youth who never or rarely wore a seatbelt when riding in a car driven by someone else</i>	6.5%	9.7%	2013 NH State and Local YRBS
	Rate of Emergency Department Visits and Observation Stays for Injury Due to Poisoning (per 100,000 people)	70.7	107.2	NH Health WRQS 2008-2009

² Category 1 (How will we know?): Indicators of the Health of the Population / Health Outcomes are displayed in normal font.

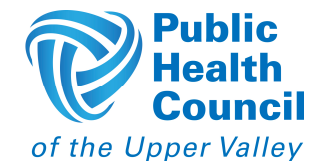
Category 2 Indicators (Do the places we live, learn, work, and play make it easy to be healthy?): Indicators of the capacity or quality of services, supports or environmental conditions that can affect health are displayed in italics.

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What We Want (Goals)	Indicator	Regional Estimate (=UV PHN region except where noted)	NH State Comparison	Sources / Notes
Improve Community Conditions for Elders	Rate of Emergency Department Visits and Observation Stays for Injury Due to Falls (per 100,000 people)	Aged 75 to 84: 3,397 Aged 85 plus: 5,725	Aged 75 to 84: 5,256 Aged 85 plus: 9,514	NH Health WRQS 2008-2009
	Note: Several category 2 measures are suggested for consideration for this goal (and other goals) that may entail local household or local agency survey.			
Decrease Incidents of Sexual Assault and Relationship Violence	Percent of high school aged youth who dated or went out with someone during the past 12 months who were forced to do sexual things unwillingly	13.9%	10.2%	2013 NH State and Local YRBS
	Percent of high school aged youth who dated or went out with someone during the past 12 months who were hurt physically on purpose by the person dated	7.8%	7.4%	2013 NH State and Local YRBS
Reduce Violent Crime	<i>Percentage of high school aged youth who have been bullied on school property in the past 12 months</i>	29.1%	22.8%	2013 NH State and Local YRBS
	<i>Violent Crime Rate per 100,000 population</i>	167 (Grafton County)	172	Uniform Crime Report accessed via County Health Rankings, 2009-2011. (includes homicide, forcible rape, robbery, and aggravated assault)
	Rate of Emergency Department Visits and Observation Stays for Injury Due to Assault (per 100,000 people)	90.1	261.8	NH Health WRQS 2008-2009



Upper Valley Agenda for Public Health Supportive Community Objectives



What We Want (Goals)	Indicator ³	Regional Estimate (=UV PHN region except where noted)	NH State Comparison	Sources / Notes
Reduce Adverse Childhood Experiences	<i>% of children who have had 2 or more adverse childhood experiences</i>	<u>NH State</u> : 22.5%	22.6% <u>(US Comparison)</u>	The 2011/12 National Survey of Children's Health included a modified version of nine adverse childhood experiences: (1) socioeconomic hardship, (2) divorce/separation of parent, (3) death of parent, (4) parent served time in jail, (5) witness to domestic violence, (6) victim of neighborhood violence, (7) lived with someone who was mentally ill or suicidal, (8) lived with someone with alcohol/drug problem, (9) treated or judged unfairly due to race/ethnicity. The statistic is currently only available at the state level.
Increase Supports for Aging in Community	<i>Percent of Medicare patients readmitted within 30 days of discharge, all medical patients</i>	Mary Hitchcock Memorial: 14.8%	<u>US comparison rate</u> : 15.9%	Dartmouth Atlas of Medical Care, 2010

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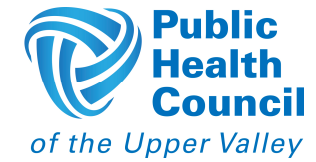
Category 2 Indicators (Do the places we live, learn, work, and play make it easy to be healthy?): Indicators of the capacity or quality of services, supports or environmental conditions that can affect health are displayed in italics.

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What We Want (Goals)	Indicator	Regional Estimate (=UV PHN region except where noted)	NH State Comparison	Sources / Notes
Ensure Access to Behavioral Health and Substance Use Services	<i>Rate of Emergency Department Visits and Observation Stays for Mental Health Conditions (per 100,000 people)</i>	1,004.4	1495.8	NH Health WRQS 2008-2009
	<i>Rate of Emergency Department Visits and Observation Stays for Substance Abuse Related Mental Health Conditions (per 100,000 people)</i>	371.0	892.7	NH Health WRQS 2008-2009
	% of adults reporting their mental health was not good 14 or more days out of the past 30 days	12.1%	11.6%	2012 NH BRFSS
	% of high school aged youth who seriously considered attempting suicide in the past 12 months.	17.8%	14.4%	2013 NH State and Local YRBS
Increase Caring Response to People w/ Behavioral Health Needs	<i># people / proportion of agency staff trained in Mental Health First Aid, CONNECT, or other relevant responsive bystander protocol</i>	Pending	?	May require local agency survey



Upper Valley Agenda for Public Health Vital Community Objectives



What We Want (Goals)	Indicator ⁴	Regional Estimate (=UV PHN region except where noted)	NH State Comparison	Sources / Notes
Increase the Number of People in Living Wage, Full-Time Jobs	% of individuals living in households with income below 200% of the Federal Poverty Level (FPL)	21.8%	22.0%	American Community Survey 5 year estimate, 2008-2012
	% of children aged 0-17 living in households with income below the Federal Poverty Level (FPL)	7.2%	10.9%	American Community Survey 5 year estimate, 2008-2012
	% of full time workers age 16+ who are living in poverty (100% FPL or less)	0.8%	1.1%	American Community Survey 5 year estimate, 2008-2012

⁴ Category 1 (How will we know?): Indicators of the Health-Related Characteristics of the Population are displayed in normal font.

Category 2 Indicators (Do the places we live, learn, work, and play make it easy to be healthy?): Indicators of the capacity or quality of services, supports or environmental conditions that can affect health are displayed in italics.

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What We Want (Goals)	Indicator	Regional Estimate (=UV PHN region except where noted)	NH State Comparison	Sources / Notes
Increase Affordable and Safe Housing	<i>% of Households that have at least 1 of 4 Severe Housing Problems</i>	13.8% Within the UV PHN towns, the range on this measure is from 6% (Plainfield) to 21% (Orford) of households.	16.0%	The U.S. Department of Housing and Urban Development (HUD), Comprehensive Housing Affordability Strategy data The four severe housing problems are: incomplete kitchen facilities, incomplete plumbing facilities, more than 1 person per room, and cost burden greater than 50% of monthly income.
Increase Transportation Options for Jobs & Services	<i>% of Workers 16 years of age and older with no vehicle available in their household</i>	3.2% Within the UV PHN towns, the range on this measure is from 0% (multiple towns) to 6.3% (Hanover) of workers age 16+.	1.7%	American Community Survey 5 year estimate, 2008-2012.
Increase Social Capital	% of high school aged youth who performed any organized community service as a nonpaid volunteer during the past 30 days	36.7%	40.9%	2013 NH State and Local YRBS
	% of high school aged youth who agree or strongly agree that they feel like they matter to people in their community	50.2%	47.3%	2013 NH State and Local YRBS

What We Want (Goals)	Indicator	Regional Estimate (=UV PHN region except where noted)	NH State Comparison	Sources / Notes
Increase Social Capital (continued)	% of adults aged 18 and older who self-report that they receive adequate social and emotional support all or most of the time	83.4%	82.9%	BRFSS 2006-2012 accessed via Community Commons
	% of population who feel strong sense of social connection	Pending	?	Attributes of social connectedness - such as number of close family and friends, participation in public meetings, volunteerism, positive perception of community as a good place to live, sense that people look out for one another - could be part of a community / household survey